



Healthy Investments

For alumni and friends of A.T. Still University

Summer 2016

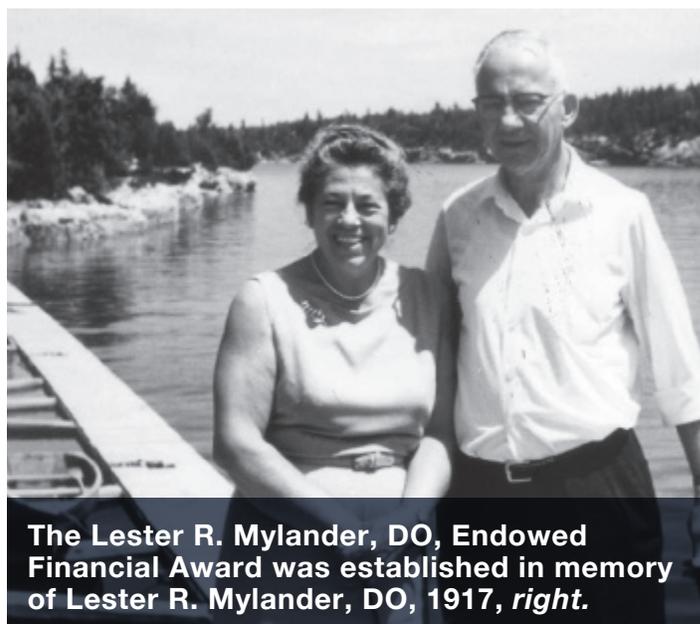
SCHOLARSHIP CREATES **GLOBAL OPPORTUNITY** FOR ATSU-KCOM STUDENT

“Think globally, act locally” is a mantra that reminds A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM) student Todd T. of his past and that is a motivator for the future.

Todd, a fourth-year student, is currently undergoing clinical rotations in Columbus, Ohio, and found his passion for medicine through scuba diving. One of his favorite pastimes, scuba diving, has taken him to many international locales where—beyond the beauty of the beachfront resorts—he would often find areas vastly underserved in terms of medical care. He saw how desperate some populations were, but also how the most basic medical care changed their lives for the better. He knew then that he wanted to be a physician.

But after taking the MCAT, Todd was sidelined when a car accident left him bedridden. He had to learn how to walk again. During his rehabilitation, he was treated by an osteopathic physician. Through manipulative treatment and patient-centered care, Todd was able to rehabilitate himself with minimal use of medication. His experience, coupled with his desire to treat the underserved, led to his desire to practice osteopathic medicine.

As a student at ATSU-KCOM, Todd has twice been awarded the Lester R. Mylander, DO, Endowed Financial Award. This scholarship, created by friends and family in memory of ATSU-KCOM alumnus



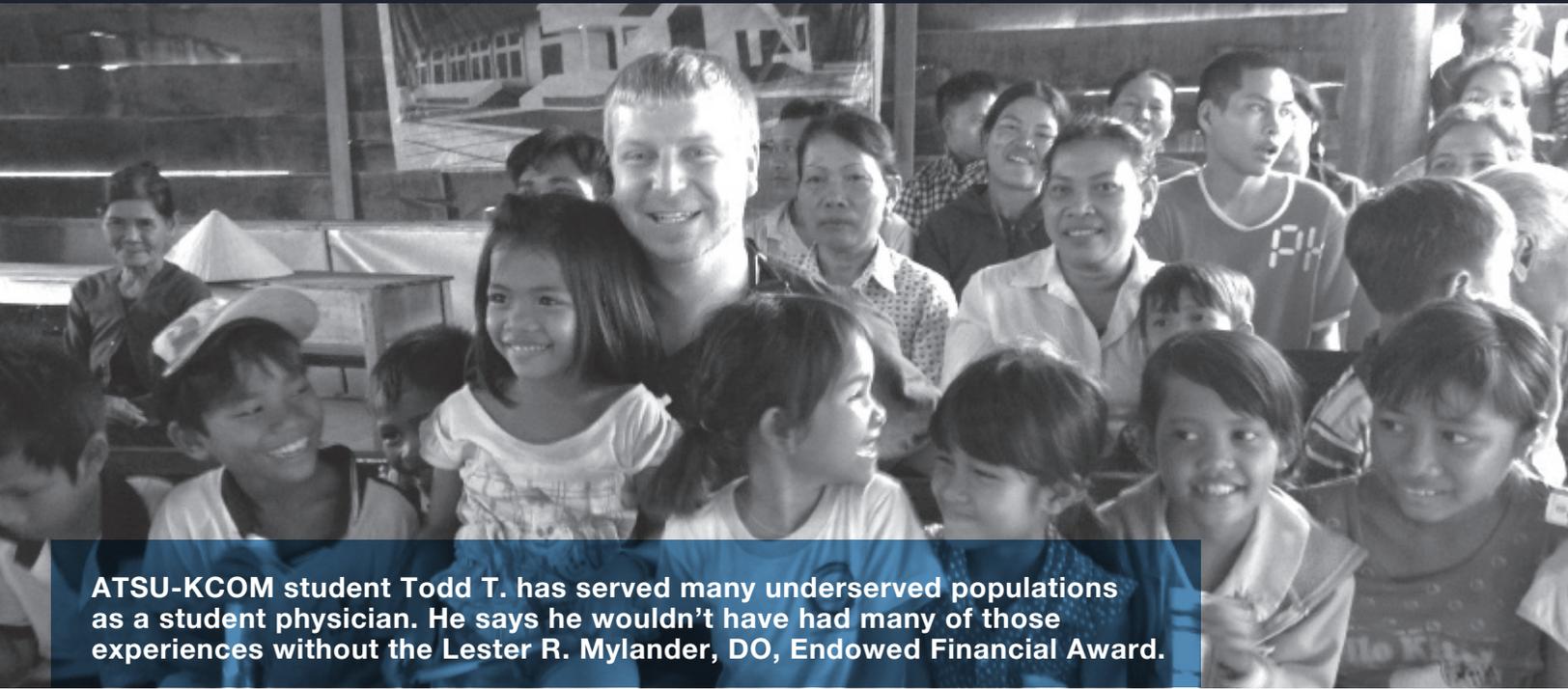
The Lester R. Mylander, DO, Endowed Financial Award was established in memory of Lester R. Mylander, DO, 1917, right.

Lester Mylander, DO, 1917, not only eased the financial burden of medical school, but also allowed Todd to partake in experiences that otherwise would not have been possible.

Todd has been on outreach trips, providing medical care to those in underserved areas. On a trip to Vietnam, he connected with his mentor and chair of ATSU’s Board of Trustees, G. Scott Drew, DO, ’87, FAOCD.

As a student, he hosted a radio show called “The P.I.T.,” or “Physicians in Training,” that featured

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ATSU-KCOM student Todd T. has served many underserved populations as a student physician. He says he wouldn't have had many of those experiences without the Lester R. Mylander, DO, Endowed Financial Award.

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student doctors speaking on topics relevant to the undergraduate population at Truman State University. He also co-founded the student organization Still Caring Health Connection that provided high-quality, patient-centered health and dental care for uninsured residents in northeast Missouri. In collaboration with Volunteers in Medicine, the organization was awarded a \$21,000 grant from the American Academy of Family Physicians Foundation.

Todd also helped start a 10-week elective course for students at ATSU's Missouri School of Dentistry & Oral Health (ATSU-MOSDOH). The course, titled "Primary Care Evaluation and Diagnostics for the Dentist," focuses on teaching dental students about physical exam skills, common chronic diseases, and the tenets of osteopathy and how it relates to whole person healthcare. This course further establishes the

“DOWN THE ROAD, I ASPIRE TO ESTABLISH A SCHOLARSHIP AWARD similar to the Lester R. Mylander, DO, Endowed Financial Award because it means so much to the students. Your continued generosity has a ripple effect, and it will be felt far beyond the parameters of this scholarship.” — TODD T.

inter-professional relationship between ATSU-KCOM and ATSU-MOSDOH students.

After graduation, Todd plans to start his own outreach clinics to provide osteopathic medicine to people in underserved areas who can benefit so directly. Always a student, Todd attends conferences and educates others about the benefits and philosophy of osteopathic medicine. He readily admits that none of this would have been possible without the generosity of donors.



If you want to learn more about making an impact on future ATSU students, please contact Robert J. Behnen, director of development, at 866.626.2878, ext. 2180.

THE TRUTH ABOUT PLANNED GIVING

Debunking 5 Common Myths

If you hear “planned giving” and think it’s for people older or wealthier than you—or that it’s just too confusing—check out these common myths and the truths behind them:

1 Myth: Planned gifts are too complicated and confusing.

Truth: There are many types of planned gifts—most are simple and affordable, like a gift in your will or living trust. You just need to find the one that best fulfills your goals.

2 Myth: My estate has to be large to make an impact.

Truth: By including ATSU in your estate plan for any amount, you make a lasting impact and a tremendous difference. One option is to designate a percentage of your estate.

3 Myth: I’m too young to think about making a will.

Truth: Planning your estate is an important step at any stage of your life. A simple meeting with an estate planning attorney can help you ensure that your intentions are carried out, and it can help establish a plan to receive the best tax benefits for your assets.

4 Myth: Charitable giving’s main benefit is to reduce your tax burden.

Truth: Research shows that 65 percent of people who donate to nonprofits do so because helping others makes them feel good.*

5 Myth: A do-it-yourself will saves money.

Truth: A DIY will doesn’t provide the expert legal advice you need to properly plan your estate. Work with an estate planning attorney and rest assured that his or her knowledge will save you money and hassle for your loved ones.



WEIGH YOUR CHOICES

We can help find the right giving option for you. Learn more about how you can meet your charitable goals with our FREE guide *12 Ways to Make a Meaningful Difference*. Simply return the enclosed reply card today!



FIND YOUR CHARITABLE GIVING SOLUTION

Simply contact us at 866.626.2878, ext. 2180, to learn about charitable giving solutions for you or let us know if you have any questions.

*2015 NMI Healthy Aging Database®

HERE'S HOW YOU CAN HELP ATSU RIGHT NOW

1 PICK UP THE PHONE
and call Robert J. Behnen,
director of development, to
learn about gifts that fit your
unique circumstances.

**2 RETURN THE
ENCLOSED REPLY CARD**
to request your FREE copy
of *12 Ways to Make a
Meaningful Difference*.

3 CHECK OUT
atsu.myplannedgift.org
to see how you and ATSU can
benefit from a future gift.

SUPPORT ATSU

Scan the QR code below
with your smartphone or
tablet to learn how!



HONORING DAN MARTIN

Dan Martin, MA, has led the Thompson Campus Center (TCC) since its opening on the Missouri campus in 1982. Martin viewed his mission as not only leading one of the most modern fitness centers of its time, but also using that center to provide a tool for whole person wellness—in body, mind and spirit.

In terms of community building, one often hears the term “third place.” If home is expected to be a person’s “first place” and the workplace his or her “second place,” then one’s third place is the social surrounding with which one identifies. One may consider his or her third place as a church, café, club, etc. Establishing a third place is often vital for community engagement and instilling a sense of place within individuals. For many, Martin provided that third place.

Today, the TCC sees nearly 50,000 annual users. To meet the future needs of the campus community, a major renovation plan is underway for the 34-year-old building. The renovation centerpiece will be a new wood basketball court, dedicated in honor of Martin and funded by donors wishing to applaud his continuing legacy. And, those renovations will help improve this essential third place for the dentists and osteopathic physicians of tomorrow.



FOR MORE INFORMATION on the Dan Martin Court Campaign,
contact A.T. Still University’s development department at
866.626.2878, ext. 2180, or visit atsu.edu/dan-martin-court.

A.T. STILL UNIVERSITY | ATSU

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