Join us to learn about the many opportunities in osteopathic medicine!

The Pre-SOMA Conference provides aspiring pre-medical students with excellent opportunities to engage with the Deans and basic science/clinical faculty at A.T. Still University School of Osteopathic Medicine (ATSU-SOMA in Mesa, AZ) and the Arizona College of Osteopathic Medicine of Midwestern University (AZCOM in Glendale, AZ), as well as admissions officers from many of the nation’s colleges of osteopathic medicine.

To register, go to: www.midwestern.edu/azpremed

For more information, please contact Otto Shill, President of the Student Osteopathic Medical Association at: azcom@studentdo.com
Friday, March 7, 2014 | 5:00 to 7:00 PM
A.T. Still University SOMA | Mesa, Arizona

Join us for an evening reception with current medical school students and admissions officers, an address from the Dean, and a guided tour of this innovative campus. You will also engage with current DO students, and learn about life as a medical student and what it takes to be a successful applicant.

Saturday, March 8, 2014 | 8:00 AM to 5:00 PM
Midwestern University Campus | Glendale, AZ

The Pre-SOMA Medical Conference continues on the beautiful campus of the Arizona College of Osteopathic Medicine in Glendale, AZ.

A light breakfast will be served, and students will have the opportunity to mingle with admissions officers from many of the colleges of osteopathic medicine throughout the event.

Presentations, speakers, classes, admissions and student panels, tours, and more will be featured during the course of the day, which will run from approximately 8:00 AM to 5:00 PM. Lunch will be catered by a local BBQ company (vegetarian options available), so come hungry!

Speakers Include:

- Adrienne White-Faines, M.P.H., Executive Director and CEO, American Osteopathic Association
- Robert Orenstein D.O., FACP, FIDSA, Editor in Chief, Journal of the American Osteopathic Association & Chair of the Infectious Disease Division at Mayo Clinic Arizona
- Connie Mariano, M.D., FACP, President, Center for Executive Medicine & Former Physician to 3 Presidents of the United States

Register and view schedule online at: [www.midwestern.edu/azpremed](http://www.midwestern.edu/azpremed)

Cost:
$10 – Pre-Med High School Student  |  $10 – Pre-Med College Student
$10 – Pre-Med Student with Post-Bac-degree  |  $10 – Guest (Parents, Spouses, Friends welcome!)
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>7:30 AM</td>
<td><strong>Registration &amp; Admissions Fair</strong></td>
<td>Auditorium Lobby</td>
</tr>
</tbody>
</table>
| 8:15 AM | **Welcome**  
Otto Shill, OMS-II - President, Student Osteopathic Medical Association, Arizona College of Osteopathic Medicine | Auditorium 3                                                               |
| 8:30 AM | **Osteopathic Medicine Physicians for the Future**  
Gina Moses, Med. - Associate Director of Application Services, AACOM | Auditorium 3                                                               |
| 9:00 AM | **How the Tenets of Osteopathic Medicine Affect What We Do at AZCOM**  
Lori Kemper, DO - Dean, Arizona College of Osteopathic Medicine, Midwestern University | Auditorium 3                                                               |
| 9:40 AM | **Breakout Session 1 - Survey Of Medicine**  
Choose Surgery or Emergency Medicine | Surgery - Auditorium 2  
Emergency Medicine - Auditorium 4 |
| 10:20 AM | **Breakout Session 2 - Survey Of Medicine**  
Choose Family Medicine or Internal Medicine | Family Medicine - Auditorium 2  
Emergency Medicine - Auditorium 4 |
| 11:00 AM | **Keynote Address - The Power and Benefits of Osteopathic Medicine in the 21st Century**  
Adrienne White-Faines, MPH - Executive Director & CEO, American Osteopathic Association | Auditorium 3                                                               |
| 11:45 AM | **An Osteopathic Approach to Infectious Disease**  
Robert Orenstein, DO, FACP, FIDSA - Editor in Chief, Journal of the American Osteopathic Association;  
Associate Professor of Medicine & Chair of the Infectious Diseases Division, Mayo Clinic Arizona | Auditorium 3                                                               |
| 12:30 PM | **Lunch**  
Tours  
Admissions Fair  
Financial Services Presentation (Lunch included) | Ramada  
Leave from Ramada  
Auditorium Lobby  
Saguaro Auditorium A |
| 1:30 PM | **Breakout 3 - Getting In From Where I Am Today**  
(1) High School - Becoming The Best Applicant Now  
(2) Undergrad/Post-Bac - Application Prep, Obtaining Letters of Recommendation, Shadowing, Personal Statement Writing Tutorial (Writing tutorial presented by professional admissions writer)  
(3) Guidance Counselors - Helping My Student Prepare To Succeed  
(4) Med School for Spouses - Presented by MWU Spouses | (1) Auditorium 2  
(2) Auditorium 4  
(3) Auditorium 5  
(4) Auditorium 1 |
| 2:25 PM | **Osteopathic Manipulative Medicine Presentation & Demo**  
William Devine, DO - Clinical Professor, Director NMM/OMM Residency Program | Auditorium 3                                                               |
| 2:50 PM | **White House Doctor: My Journey In Medicine**  
Connie Mariano, MD, FACP - President, Center for Executive Medicine; Former Physician to President of the US | Auditorium 3                                                               |
| 3:50 PM | **Admissions Panel Q & A**  
Admissions Departments, Colleges of Osteopathic Medicine | Auditorium 3                                                               |
<table>
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<th>Time</th>
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<tbody>
<tr>
<td>4:20 PM</td>
<td>Student Panel Q &amp; A&lt;br&gt;DO Student Physicians</td>
<td>Auditorium 3</td>
</tr>
<tr>
<td>4:50 PM</td>
<td>Raffle &amp; Closing Remarks&lt;br&gt;Otto Shill, OMS-II - President, Student Osteopathic Medical Association, Arizona College of Osteopathic Medicine&lt;br&gt;Admissions Fair&lt;br&gt;Admissions Departments, Colleges of Osteopathic Medicine</td>
<td>Auditorium 3&lt;br&gt;Auditorium Lobby</td>
</tr>
</tbody>
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**Participating College of Osteopathic Medicine Admissions Departments**

1. Arizona College of Osteopathic Medicine (AZCOM) - Midwestern University
2. Campbell University School of Osteopathic Medicine
3. Chicago College of Osteopathic Medicine (CCOM) - Midwestern University
4. Georgia Campus Philadelphia College of Osteopathic Medicine (GA-PCOM)
5. Kansas City University of Medicine and Biosciences College of Osteopathic Medicine (KCUMB-COM)
6. Kirksville College of Osteopathic Medicine in Arizona (KCOM) - AT Still University
7. Lake Erie College of Osteopathic Medicine (LECOM)
8. Pacific Northwest University of Health Sciences College of Osteopathic Medicine (PNWU-COM)
9. Philadelphia College of Osteopathic Medicine (PCOM)
10. School of Osteopathic Medicine in Arizona (SOMA) - AT Still University
11. Touro University College of Osteopathic Medicine California (TUCOM-CA)
12. Touro University Nevada College of Osteopathic Medicine Nevada (TUNCOM)
13. University of New England College of Osteopathic Medicine (UNE COM)
14. West Virginia School of Osteopathic Medicine (WVSOM)
15. Western University of Health Sciences College of Osteopathic Medicine of the Pacific (Western U/COMP)

**Also Participating:**

American Association of Colleges of Osteopathic Medicine
Student Osteopathic Medical Association (SOMA)
Pre-SOMA
Adrienne White-Faines, MPH  
Executive Director and Chief Executive Officer, American Osteopathic Association  

In July 2013, Adrienne White-Faines, MPA, became Executive Director and CEO of the American Osteopathic Association (AOA), which proudly represents its professional family of more than 104,000 osteopathic physicians (DOs) and osteopathic medical students.  

In this position, White-Faines is in charge of carrying out the AOA’s strategic agenda supporting the organization’s physician and student members and its commitment to promoting public health; advancing scientific research; and serving as the accrediting agency for osteopathic medical schools, hospitals and health care facilities.  

For 10 years prior to joining the AOA, White-Faines served as vice president of health initiatives and advocacy at the American Cancer Society (ACS), Illinois Division, where she was accountable for cancer research, education, advocacy, and patient service programs. Prior to employment at ACS, she served as chief operating officer at Chicago-based Renwal Emergency Medical Services, a health care management consulting firm for hospitals and physicians, and at Chicago’s Northwestern Memorial Hospital, where she oversaw a $600 million hospital redevelopment project. She also worked as a health strategist with the New York City Health and Hospitals Corporation, and as a practice administrator for a large physician group practice in Whittier, Calif.  

White-Faines remains active with numerous Chicago and national nonprofit organizations, including the Erikson Institute, American Field Service-USA and as a fellow with Leadership Greater Chicago. She holds a master’s of public administration from the University of Southern California in Los Angeles and a bachelor’s of arts from Amherst (Mass.) College.  

She resides in Chicago with her husband Larry Faines, MD, and her children Mari and Kamau.  

www.linkedin.com/pub/adrienne-white/1/3b3/472  

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Robert Orenstein, DO, FACP, FIDSA  
Editor in Chief, Journal of the American Osteopathic Association;  
Associate Professor of Medicine & Chair of the Infectious Diseases Division, Mayo Clinic Arizona  

Robert Orenstein, DO, serves as the AOA’s editor in chief. In this role, he carries out the AOA’s strategic agenda toward the advancement of osteopathic medical research as he directs the editorial content of The Journal of the American Osteopathic Association (JAOA) and chairs the JAOA Editorial Advisory Board.  

A fellow of both the American College of Physicians and the Infectious Diseases Society of America, Dr. Orenstein is board certified in internal medicine and infectious diseases. In addition to his position with the AOA, he serves as an associate professor of medicine and chair of the division of infectious diseases at the Mayo Clinic in Arizona.  

Dr. Orenstein’s background in clinical research includes serving as a peer reviewer for numerous medical journals, co-editor of the textbook Fundamentals of Global HIV Medicine, section editor of The Mayo Clinic Family Health Book, and as a clinical editor of the Mayo Clinic’s Ask Mayo Expert electronic knowledge tool. He also serves as a section editor for the JAOA’s evidence-based clinical reviews.
From 2002 to 2010, Dr. Orenstein conducted clinical and epidemiological research at the Mayo Clinic in Rochester, Minn., in addition to his duties as a practicing physician and educator. Prior to that, he served as medical director of the Infectious Disease Clinic at Virginia Commonwealth University (VCU) in Richmond, a comprehensive care and research center. Dr. Orenstein has participated or been the principal investigator on numerous clinical trials on infectious diseases and HIV incorporating epidemiology, treatment and prevention.

After receiving his undergraduate degree from Trinity College in Hartford, Conn., Dr. Orenstein earned his osteopathic medical degree from the Des Moines (Iowa) University College of Osteopathic Medicine. He completed his postdoctoral training at Botsford General Hospital in Farmington Hills, Mich., and the Geisinger Medical Center in Danville, Pa. He also completed an infectious diseases fellowship at VCU.

Dr. Orenstein resides in Paradise Valley, Ariz., with his wife, Amy Foxx-Orenstein, DO, and daughter, Aliya.

www.linkedin.com/pub/robert-orenstein/44/4ba/22a

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Connie Mariano MD
President, Center for Executive Medicine

Dr. Eleanor C. Mariano is the President and founder of the Center for Executive Medicine (CEM) in Scottsdale, Arizona. She is known in the media and to her patients as Dr. Connie Mariano. To her patients who answered to the title of President of the United States, Dr. Mariano was simply “Dr. Connie.”

Dr. Mariano graduated with a Bachelor of Arts in Biology, cum laude, June 1977 from Revelle College at the University of California in San Diego. She attended the nation’s military medical school, the Uniformed Services University of the Health Sciences School of Medicine in Bethesda, Maryland, graduating with a Doctor of Medicine degree in May 1981.

Dr. Mariano completed her internship and residency in Internal Medicine at the Naval Hospital San Diego, CA in 1982 and 1986 respectively. She is a Fellow of the American College of Physicians (FACP) and board certified by the American Board of Internal Medicine since 1987. She has been a diplomate of the National Board of Medical Examiners since 1982. Dr. Mariano currently is licensed to perform medicine in three states: Arizona, California, and the District of Columbia.

Dr. Mariano’s highest position in medicine was held as Physician to the President for President William J. Clinton, from 1994-2001. She has also held the title of Assistant Professor of Medicine at the Uniformed Services University School of Health Sciences and the Mayo School of Medicine.

An expert on the care of VIPs, celebrities, and world leaders, Dr. Mariano is a frequent guest speaker at international conferences as well as on media specials such as CNN's “The Health of the President.”

Approaching thirty years in the medical profession, Dr. Mariano has taken care of patients both in the military and private sector. She brings to the CEM her unique experience and passion in providing the highest standard of care to all her patients.

During those rare moments she can define as “free time,” Dr. Mariano enjoys writing (author of The White House Doctor, due in mid June 2010; and more books to come!), running, travel, fine cuisine, and engaging in retail therapy.

www.linkedin.com/pub/dr-connie-mariano/4/61a/498
CALL AHEAD

- You must call the local number and specify Midwestern University to be considered for special rates.
- There is no guarantee of availability and rates are subject to change without notice.
- Rooms from late fall to early spring book early and from February to March, local spring training baseball events make rooms particularly scarce.

TRANSPORTATION SERVICES

- Midwestern University has arranged for discounted car rental rates through Enterprise Rent-a-Car. Call 602.547.1119 and refer to Corporate Class ID COR2043 to get the special rate.
- Shuttle service is available from Sky Harbor Airport. Please indicate that you are visiting Midwestern University. For Super Shuttle reservations go to https://www.supershuttle.com/default.aspx?GC=MRSGD https://www.execucar.com/default.aspx?GC=MRSGD or call 800.BLUEVAN or 602.244.9000. SuperShuttle prices are $4.00 off round trip per person or $2.00 off one way per person. ExecuCar prices are $10.00 off round trip per sedan or $5.00 off on way per person. Valid for airport transportation booked online using the discount code.
- Phoenix Sky Harbor International Airport offers a variety of transportation options. Each has certain advantages and each calculates fares in a slightly different way. We recommend that you determine your approximate fare before beginning your trip by visiting www.skyharborairport.com.
- Shuttle service is available to and from Midwestern University through Drury Inn & Suites. Please indicate that you are visiting Midwestern University. For shuttle reservations, go to www.druryhotels.com/Reservations.aspx?corpid=318552 or call 623.293.5613.

FEATURED HOTELS

DRURY INN & SUITES
2335 W. Pinnacle Peak Road
www.druryhotels.com
623.879.8800
800.378.7946
Biz Trip Corp ID #318552
6.9 miles from campus
Shuttle service
## ARIZONA HOTEL LIST

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Distance from Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>THUNDERBIRD EXECUTIVE INN</strong></td>
<td>15249 North 59th Avenue</td>
<td>602.978.7987</td>
<td>3.0 miles</td>
</tr>
<tr>
<td><strong>COURTYARD BY MARRIOTT RESIDENCE INN BY MARRIOTT</strong></td>
<td>2029 West Whispering Wind Drive</td>
<td><a href="http://www.marriott.com/phxbc">www.marriott.com/phxbc</a></td>
<td>4.3 miles</td>
</tr>
<tr>
<td><strong>COUNTRY INN &amp; SUITES</strong></td>
<td>20221 North 29th Avenue</td>
<td>623.879.9000</td>
<td>4.5 miles</td>
</tr>
<tr>
<td><strong>COMFORT SUITES PEORIA SPORTS COMPLEX</strong></td>
<td>8473 West Paradise Lane</td>
<td>623.334.3993</td>
<td>4.6 miles</td>
</tr>
<tr>
<td><strong>SLEEP INN</strong></td>
<td>18235 North 27th Avenue</td>
<td><a href="http://www.sleepinn.com">www.sleepinn.com</a></td>
<td>4.8 miles</td>
</tr>
<tr>
<td><strong>COMFORT INN PHOENIX NORTH</strong></td>
<td>2641 West Union Hills Drive</td>
<td><a href="http://www.comfortinn.com">www.comfortinn.com</a></td>
<td>4.9 miles</td>
</tr>
<tr>
<td><strong>EMBASSY SUITES PHOENIX NORTH</strong></td>
<td>2577 West Greenway Road</td>
<td><a href="http://www.embassySuites.com">www.embassySuites.com</a></td>
<td>5.0 miles</td>
</tr>
<tr>
<td><strong>HAMPTON INN &amp; SUITES</strong></td>
<td>2550 W. Charlotte Drive</td>
<td><a href="http://www.hamptoninn.com">www.hamptoninn.com</a></td>
<td>5.2 miles</td>
</tr>
<tr>
<td><strong>HOMEWOOD SUITES BY HILTON</strong></td>
<td>2470 W. Charlotte Drive</td>
<td><a href="http://www.homewoodsuites.com">www.homewoodsuites.com</a></td>
<td>5.3 miles</td>
</tr>
<tr>
<td><strong>CANDLEWOOD SUITES</strong></td>
<td>11411 North Black Canyon Highway</td>
<td><a href="http://www.candlewoodsuites.com">www.candlewoodsuites.com</a></td>
<td>10.6 miles</td>
</tr>
<tr>
<td><strong>SPRINGHILL SUITES PHOENIX/GLENDALE RESIDENCE INN BY MARRIOTT PHOENIX/GLENDALE</strong></td>
<td>7350 North Zanjero Boulevard</td>
<td>623.772.9200</td>
<td>7.0 miles</td>
</tr>
<tr>
<td><strong>STAYBRIDGE SUITES AND HOLIDAY INN EXPRESS HOTEL &amp; SUITES</strong></td>
<td>9340 W. Cabela Drive</td>
<td><a href="http://www.stayglendaleaz.com">http://www.stayglendaleaz.com</a></td>
<td>13.3 miles</td>
</tr>
<tr>
<td><strong>HAMPTON INN &amp; SUITES PHOENIX GLENDALE-WESTGATE</strong></td>
<td>6630 N. 95th Avenue</td>
<td><a href="http://www.hamptoninn.com">www.hamptoninn.com</a></td>
<td>13.9 miles</td>
</tr>
</tbody>
</table>

Please ask for Midwestern University rate when booking.

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**Shuttle service** available at some locations.

**Car rental privileges** available at some locations.
Hotel Suggestion

The Drury Hotel Happy Valley, off of I-17 is about 10-15 minutes from our campus (we don’t have many close hotels) and will offer the Midwestern University discount ($98.79 per night taxes and fees INCLUDED). Anyone staying for the conference can request the Midwestern University discount when booking. (623) 879-8800.

Directions to Midwestern University Glendale Campus (coming from Sky Harbor Airport)

**Via Interstate 17**
- Head North on Interstate 17
- Exit on Loop 101
- Continue W on 101 to 59th Avenue exit
- Turn left onto 59th Avenue
- Pass the Glendale Arrowhead Post Office; go through the light and take the next street left (Utopia)
- Midwestern University is on the left

**Via Interstate 10**
- Take Interstate 10 West to 101
- Take 101 North to 59th Avenue
- Turn right on 59th Avenue
- Pass the Glendale Arrowhead Post Office; go through the light and take the next street left (Utopia)
- Midwestern University is on the left
Especially for Aspiring Physicians:

More than 20 Percent of New U.S. Medical Students Are Attending Osteopathic Medical Schools

DISTINCT MEDICAL PRACTICE
Osteopathic medicine is a distinct form of medical practice in the United States. Osteopathic medicine provides all of the benefits of modern medicine including prescription drugs, surgery, and the use of technology to diagnose and treat disease and injury. It also offers the added benefit of hands-on diagnosis and treatment through a system of therapy known as osteopathic manipulative medicine. Osteopathic medicine emphasizes helping each person achieve a high level of wellness by focusing on health promotion and disease prevention.

FULL RANGE OF DISCIPLINES
Osteopathic physicians, also known as DOs, are licensed to practice the full scope of medicine in all 50 states. They practice in all types of environments, including the military, and in all types of specialties, from family medicine to obstetrics, surgery, and aerospace medicine.

PATIENT-CENTERED CARE
DOs are trained to look at the whole person from their first days of medical school. This holistic approach to patient care means that osteopathic medical students learn how to integrate the patient into the health care process as a partner. Students are trained to communicate with people from diverse backgrounds, and they get the opportunity to practice these skills in their classrooms and learning laboratories, frequently with standardized and simulated patients.

AN EXCEPTIONAL TRAINING EXPERIENCE
One key concept osteopathic medical students learn is that structure influences function. Thus, if there is a problem in one part of the body’s structure, function in that area, and possibly in other areas, may be affected.

Training in osteopathic manipulative medicine is incorporated throughout the study of all of the subjects you would expect student physicians to master. This system of hands-on techniques helps alleviate pain, restores motion, supports the body’s natural functions and influences the body’s structure to help it function more efficiently.

PROUD HERITAGE
The osteopathic medical profession has a proud heritage of producing primary care practitioners. Today, when the challenge of ensuring an adequate number of primary care physicians extends to osteopathic medicine, a high percentage of osteopathic medical school graduates continue to choose careers in primary care. Osteopathic medicine also has a special focus on providing care in rural and urban underserved areas, allowing DOs to have a greater impact on the U.S. population’s health and well-being than their numbers would suggest.

FIND OUT MORE
The American Association of Colleges of Osteopathic Medicine (AACOM) represents the nation’s osteopathic medical colleges and their faculties, students, and administrators.

For more information about osteopathic medical education, visit www.aacom.org. To access our centralized application service, visit aacomas.aacom.org.