

Still



Let's
celebrate!



point of view

Our point of **view**

Students on the Arizona campus celebrate Holi, also known as the Festival of Colors. ATSU has celebrated a number of events throughout 2017. See more events and activities throughout the University's 125th anniversary on Page 21.





Truman State University President Dr. Susan Thomas, Spike the Bulldog, Bucky, Dr. Phelps, Kirk the Bluebird, and Kirksville Mayor Phillip Biston host a community-wide event on Friday, Sept. 8, to thank Kirksville for its many years of support.

Celebrating 125 years

ATSU's 125th anniversary has been filled with celebration and accomplishments, from the Kirksville Community Thank You event to ATSU-MOSDOH's accreditation announcement. The year's celebrations culminated with Founder's Day activities on the Missouri and Arizona campuses in late October. It was exciting to reconnect with alumni and friends and see students, faculty, and staff participating in the festivities.

In this issue of *Still Magazine*, a sense of community and an emphasis on family emerge from the articles. We reminisce on ATSU's anniversary year and take a closer look at how the University continues to provide care for its communities while educating students. We learn about family members who attended ATSU and how alumni are helping families in need. We also highlight ATSU-MOSDOH's inaugural commencement and share stories of students and alumni making important contributions to society.

As 2017 comes to a close, I would like to thank you again for supporting our wonderful university. I am grateful for the many people who have helped make ATSU successful. Here's to the next 125!

Yours in service,

Craig M. Phelps, DO, '84, president

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Our mission

A.T. Still University of Health Sciences serves as a learning-centered university dedicated to preparing highly competent professionals through innovative academic programs with a commitment to continue its osteopathic heritage and focus on whole person healthcare, scholarship, community health, interprofessional education, diversity, and underserved populations.

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By Anne Ackroyd

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– **Dr. Margaret Wilson**
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Gail Doss
Photography by
Kelly Rogers

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Association members
celebrate Founder’s Day
on the Missouri campus.
Micah Adcock, D3
Jason Amich,
DHSc student
Marcos Betancourt, D2
Maryann Forsell, D4
Jenna Haganman, D3
Aashka Joshi,
MPH-D student
Tyler King, D3
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A.T. Still University (ATSU) is a graduate health sciences university comprised of six schools/colleges:

- Arizona School of Dentistry & Oral Health (ATSU-ASDOH)
- Arizona School of Health Sciences (ATSU-ASHS)
- College of Graduate Health Studies (ATSU-CGHS)
- Kirksville College of Osteopathic Medicine (ATSU-KCOM)
- Missouri School of Dentistry & Oral Health (ATSU-MOSDOH)
- School of Osteopathic Medicine in Arizona (ATSU-SOMA)

Still

magazine

EDITOR

Katie Hubbard, MBA

CONTRIBUTING WRITERS

Anne Ackroyd, BA
Kit Avanzado, BBA
Amanda Martinez, BA
Zachary Reger, BS
Laurie Trowbridge, MS

DESIGN

Gail Doss, BFA

CONTRIBUTING DESIGNER

Judy Funk

PHOTOGRAPHY

Kelly Rogers

CONTRIBUTING PHOTOGRAPHERS

Jim Hesterman
Kreston Lee
Lesley Miller
Mark Skalny
Dreylon Vang, BA

ATSU PRESIDENT

Craig M. Phelps, DO, '84

VICE PRESIDENT FOR UNIVERSITY ADVANCEMENT

Shaun Sommerer, PhD

Still Magazine strengthens and extends the positive connections of alumni, faculty, staff, and students to the University and each other by informing, entertaining, and engendering pride in a shared experience and University mission. The magazine focuses on a variety of academic, social, political, cultural, scientific, and artistic issues through the lens of alumni and student achievements, scholarly activity, and institutional news.

CONTACT US

Submit letters and editorial material to:

Editor, *Still Magazine*

A.T. Still University

Communication & Marketing

800 W. Jefferson St.

Kirksville, MO 63501

stillmagazine@atsu.edu

stillmagazine.atstu.edu

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2018 ATSU-ASDOH Alumni Weekend

Feb. 16-17 | Arizona campus

Please join us for a weekend of events:

- Give Kids A Smile
- ATSU-ASDOH Alumni Barbecue, honoring the classes of 2008 and 2013
- Alumni award presentations
- Continuing dental education

All ATSU-ASDOH alumni are invited to attend. Registration is free and can be found online at atsu.edu/alumni-asdoh.

For more information or questions, contact Alumni Relations at alumniaz@atsu.edu or 480.219.6014.

A.T. STILL UNIVERSITY
ARIZONA SCHOOL OF DENTISTRY & ORAL HEALTH

ATSU

Minutes of the meetings of the board
American School of Osteopathy.

Office A. S. O. Oct. 3rd 1892, 9 A.M.

Under the charter granted the A. S. O. the members of the board met and elected the following officers for the ensuing year. President, A. T. Still, Vice President M. L. Ward, Sec. C. E. Still.

Adjourned till Nov 1st

C. E. Still, Sec.

Office A. S. O. Nov 1st 1892

Meeting called to order with Dr. Still in the chair. Members of the board present four. It was moved and carried that the first session of the A. S. O. should be four months, commencing Nov. 1-1892 - ending March 1st 1893.

The following were elected members of the faculty.

During the ASO's first board meeting, the members elected Dr. A. T. Still as president, Marcus L. Ward as vice president, and Dr. Charles Still as secretary. Museum of Osteopathic Medicine, Kirksville, Missouri [2001.40.01]

ASO Articles of Incorporation

Inside an aged notebook archived in the Museum of Osteopathic Medicine, the handwritten notes of Charles E. Still, DO, 1894, formally established the existence of the American School of Osteopathy (ASO) on Oct. 3, 1892. In total, 11 pages of articles, bylaws, and meeting minutes outlined the ASO's location, governance structure, purpose, and proceedings.

"We are extremely fortunate to have the records and board minutes of the meetings and plans for our University from the earliest inception of ATSU over 125 years ago," says Museum Director Jason Haxton, MA. "These records verify the stories told of our rich heritage and the challenges the ASO faced."

For more museum artifacts, visit [atsu.edu/museum](https://www.atsu.edu/museum).



Family ties
Heart for helping
Lifelong learning
Soldier's service
A new path

Inspiration

Community spirit

ATSU hosts 10th annual Free Community Health and Wellness Day

On Saturday, April 22, ATSU hosted its 10th annual Free Community Health and Wellness Day. ATSU-ASDOH and ATSU Student Life teamed up with Adelante Healthcare in Phoenix, Arizona, to provide free dental care to more than 70 uninsured and underinsured community members. Attendees received dental screenings, sealants, fluoride varnish applications, and oral health education.

“The patients were very grateful for their treatments, but they were not the only ones who benefitted from the event,” says Jacob Shelley, D3, who helped coordinate the event. “My favorite part of the day was seeing ATSU-ASDOH students educate and serve people in need.”

In addition to providing dental care services, ATSU-ASDOH students educated children on the importance of proper oral healthcare.



Family ties

Some sisters are close, and some sisters are inseparable.

By Katie Hubbard

Binu Philip, DO, '00, and Lisa Henson, DMD, '09, are sisters and best friends. They live down the road from each other in Eau Claire, Wisconsin. In addition, they are both graduates of ATSU's sister schools.

Drs. Philip and Henson grew up outside of Chicago, within a tight-knit healthcare family. Their physician parents had a natural influence on them, as well as their older brother. Daily, the three children witnessed their parents' commitment to their patients, family, and friends.

"Growing up, I wasn't sure anything else existed besides the health field," says Dr. Philip. "I always wanted to be a doctor."

The sisters developed the quintessential sibling relationship. As the younger sister by eight years, Dr. Henson idolized her cool older sister and wanted to be exactly like her. Her childish adoration often annoyed her big sister. But as the two grew up, they grew closer.

"I was in college when Lisa started her teen years," Dr. Philip says. "At that point, I enjoyed being the bigger sister."

While Dr. Philip was completing her undergraduate degree at the University of Illinois at Urbana-Champaign, she began applying to medical schools. She

soon discovered osteopathic medicine and fell in love with the holistic philosophy.

"The mecca of osteopathic medicine is Kirksville," says Dr. Philip. "Where better to go than where it all began?"

Kirksville, Missouri, became the backdrop for some of the sisters' most pivotal life events. Two weeks into the DO program at ATSU-KCOM, Dr. Philip met her future husband, Russ Durkee, DO, '99. As Dr. Henson began planning her career in healthcare, she chose to attend Truman State University for her undergraduate degree. During her time at Truman, she met her future husband, Jeff Henson.

Based on her knowledge of ATSU and its holistic reputation, Dr. Henson also chose to attend ATSU. However, after job shadowing her brother, a dentist, she elected to pursue dentistry and enrolled at ATSU-ASDOH.

"I love the philosophy of whole person healthcare," says Dr. Henson. "There is a person attached to that tooth."

While Dr. Henson was completing her four-year program in Mesa, Arizona, Dr. Philip had finished her family medicine residency at the University of Wisconsin and was practicing in Eau Claire. Curious about her little sister's professional plans, Dr. Philip asked where she wanted to go



Top: Drs. Lisa Henson (left) and Binu Philip (right) are sisters and graduates of ATSU.

Inset: Drs. Binu Philip (left) and Lisa Henson (right) grew up in a healthcare family.



after graduation. She was unsure, so Dr. Philip encouraged her to come to Eau Claire. In jest, Dr. Henson told her sister to find her a job. They both laughed, recognizing that practicing in the same city was unlikely.

Then one day, as fate would have it, Dr. Philip happened to learn about a local dentist who was planning to retire. She casually mentioned her sister was graduating from dental school soon and was in search of a practice. To Dr. Philip's surprise, her comment was taken into serious consideration. Shortly thereafter, the dentist met with Dr. Henson, and he thought she was a good fit for his practice.

"I don't believe in coincidence," says Dr. Philip. "I think it was meant to be this way."

Reunited in Wisconsin, the duo has

made healthcare the family business. Dr. Henson owns Regis Court Dental Associates, and her husband manages the clinic. Dr. Philip and her husband are owners of their practice, Oak Leaf Clinics-Pine Grove Family Medicine. Dr. Philip also serves as a hospice director for Heartland Hospice.

The sisters are devoted to providing compassionate, whole person healthcare in their practices. Dr. Henson recalls a patient experience early in her career that reaffirmed her holistic philosophy. At the patient's first visit, he was nervous and fearful, but Dr. Henson listened to his concerns and discussed his options. Her approach wowed the patient. He said he never had a dentist listen to him before or consider what he wanted.

"That experience set me in a direction

I have to thank ATSU for," says Dr. Henson. "In our professions, we are busy, but we have to take the time to understand our patients' needs and then care for those needs while preventing disease."

"These are patients with families, with emotions, with stressors," says Dr. Philip. "I can't just look at illness; I have to look at the person."

Drs. Philip and Henson are fully committed to their community, patients, and family. Their respective practices yield hectic schedules, but they still make time for each other every week. Living six houses apart with six kids combined, their family ties are stronger than ever. Professionally, the sisters are tied together by a common thread that traces back to ATSU. Personally, they are united by the bonds of sisterhood.

Heart for the underserved

By Zachary Reger

For Jake Hamby, DMD, '17, post-graduation life has been a pleasant transition. He's been able to build a rapport with a new patient population while working at the Marshfield Clinic in Medford, Wisconsin. There, he devotes his time to caring for an underserved population, a mission he pursues with zest.

"And then getting a paycheck is awesome, too," he adds, laughing.

Dr. Hamby has a wife and three kids. Over a year ago, he became a grandpa. With such a busy family life, he knew pursuing a doctorate in dentistry was never going to be easy. He describes his four years of dental school as a juggling act, a process of balancing family and academic commitments. But with a bit of foresight, he made it work.

"It's really all about time management and priorities," Dr. Hamby says.

"You have to make

goals, plan out your day, and stick to your plan."

Don't forget that last part; it's crucial, he jokes.

While in school, Dr. Hamby was the student president of ATSU-MOSDOH. As part of the Student Government Association (SGA), he was in close contact with many of the medical students at ATSU-KCOM. The process became a great interprofessional experience, he says. SGA married a number of perspectives from different fields of study, all coming together to improve campus life for the entire student body.

Whether it's SGA or the Marshfield Clinic, Dr. Hamby has a passion for service. It's one of the things that led him to dentistry in the first place.

It all started with a medical mission trip to Brazil. Dr. Hamby was part of a crew that traveled from village to village along the Amazon River, providing dental services and healthcare aboard a large boat. They'd stop, invite local residents on board, administer care, then proceed to the next location. The process continued for several days.

Seeing the good he could accomplish, Dr. Hamby made the decision to apply to dental school. ATSU, with its mission of serving the underserved, was a perfect fit. His education has given him the opportunity to make a positive difference in the lives of others.

"No matter where my career leads me," he says, "I'll always have a heart for the underserved."

Prior to dental school, Dr. Hamby (pictured third from right) took a medical mission trip along the Amazon River in Brazil.



inspiration

Never too old to learn something new

By Amanda Martinez



Elizabeth Spero, MHA, RN, CCM, CPDAM, '17, earns her master of health administration degree from ATSU-CGHS.

“I put my own education on the back seat while my daughter was in school,” says Elizabeth Spero, MHA, RN, CCM, CPDAM, '17. “But I’m a believer that you’re never too old to learn something new.”

Spero has been a nurse for 40 years, with 19 years at the University of North Carolina (UNC) Hospitals. Most recently, she worked as the denials and appeals nurse, appealing health insurance denials, including Medicaid and Medicare denials, for UNC hospitalized patients to ensure they received the care they needed. Over a five-year period, she achieved a 65 percent overturn rate of the original denial.

Once her daughter was out of school, Spero decided to complete her bachelor’s degree. She earned her bachelor of science in nursing from Aspen University’s online program in 2013.

In her career, Spero has worked with a great team of nurses.

“I love nursing because of how much you learn for yourself and from your patients,” Spero says.

When the time came to continue her education and pursue a master of health administration degree, Spero began researching universities with online programs. She found ATSU-CGHS.

“I was inspired by the philosophy of Dr. Andrew Still, using the body’s own healing forces instead of medications and surgery,” she says.

As a student interacting with professors in her online courses, she noticed all her instructors “emulated positivity.” A few stood out to her, including Susan Miedzianowski, PhD, CSA, CPC, and John Fick, EdD, FACHE.

“Dr. Miedzianowski pushed us to think more, and to inquire more, and to be more proactive,” says Spero. “I just really felt like she was looking for excellence in all her students, and she provided the guidance to get there.”

For her capstone class, Dr. Fick was extremely helpful, encouraging, and very positive. When Spero traveled to Arizona for her graduation in May, she was able to meet Dr. Fick in person.

“I feel this University provided me with a solid beginning to further my career,” she says. “I am proud to be an alumna of ATSU.”

After her graduation, a manager position opened at UNC Hospitals. Today, at age 65, Spero is now the hospital’s manager of utilization nurses, case managers, social workers, and denial managers in the Department of Care Management. Her determination to further her career proves age is just a number, and learning lasts a lifetime.



As an Army Reserve soldier and occupational therapist, Dr. Mary Erickson has dedicated her military career to improving the health and well-being of soldiers and their families.

inspiration

A soldier's service

By Laurie Trowbridge

In 2003, Mary Erickson, OTD, '16, was assigned to the Surgeon's Office of the 88th Regional Readiness Command as a combat and operational stress control (COSC) officer. The COSC officer's goal was to address the psychological needs of thousands of reserve soldiers and their families within a six-state region. The team consisted of a social worker and Dr. Erickson, an occupational therapist. The team was tasked to identify potential stressors to families, develop strategies to strengthen and support soldiers and their families throughout the deployment cycle, and reintegrate soldiers to civilian life.

"Within a military context, reintegration is the process of transitioning back into former roles following deployment," says Dr. Erickson. "When a soldier returns, a renegotiation of roles helps families resume the interdependent nature of the family structure."

Reserve soldiers who return home following a combat tour of active duty may encounter healthcare providers unfamiliar with military culture and resulting health issues. In addition to combat-related injuries and mild traumatic brain and blast injuries, soldiers can experience mental health disorders such as stress, anxiety, depression, and suicidal ideation.

Changes in family dynamics can be equally difficult to negotiate. While a soldier is deployed, families move from a state of interdependence to independence. This often requires family members to take on new roles such as managing finances, doing household maintenance, or providing additional childcare responsibilities.

Dr. Erickson's two-person team developed informational briefings and supportive materials aimed at building life skills. These life skills strengthen soldiers and their family members to overcome the many challenges they

face throughout the emotional cycle of deployment.

"Because most civilians are unaware of the military culture, providing educational opportunities and materials in local communities helps create a stronger network of support for reserve soldiers and their families," she says.

Dr. Erickson connected with community organizations and healthcare providers, and conducted information sessions to share knowledge about conditions reserve soldiers experience during deployment and post-deployment. She was responsible for providing brief intervention, consultation support, education, and referral services. Dr. Erickson also addressed stress, grief and loss, health, well-being, and resiliency when speaking with soldiers' families, military unit leaders, and community organizations.

The educational and training materials her team developed for the deployment cycle support program were shared with reserve and guard units throughout the country and in Canada, where they had no similar program for military members and their families. Military leaders, as well as civilian and community organizations, were briefed about the challenges associated with deployment and post-deployment reintegration to family, home, and work.

Outreach not only included connecting with health and community services, but also educating military leaders about the difficulties families encounter when trying to adjust to being home alone. In response to the stories relayed by families, Dr. Erickson created the video "Serving at Home Alone," where she interviewed family members about overcoming shifts in responsibilities during their loved one's absence and how they overcame the hurdles.

"I used the video when briefing military leaders to encourage them to address family needs during and after

deployment," Dr. Erickson says. "After one of the briefings, a general approached me with tears in his eyes and told me that the story a family member shared could have been his."

In 2007, Dr. Erickson was assigned to the U.S. Army Surgeon General's Office as a staff officer where she helped develop Army health policy and programs, including the Proponency Office for Rehabilitation and Reintegration. This program evolved into the Rehabilitation and Reintegration Division (R2D) of the U.S.

Army Surgeon General's Office. The R2D became the U.S. Army's comprehensive oversight office for all rehabilitation and reintegration programs and policies for ill and injured soldiers and their families.

Following her last active duty deployment in 2011, where she served as the acting chief occupational therapist for the Army, Dr. Erickson began to pursue her doctorate in

occupational therapy. She chose ATSU's post-professional program because it fit her objectives.

"I enjoyed the online program and the critical thinking skills it fostered," says Dr. Erickson. "The resulting credentials provided what I needed to be seen as a leader within the civilian community."

After an impressive 37 years of improving military health, Dr. Erickson retired from the Army Reserve. As a civilian, she soon found a new opportunity to share her knowledge and experiences as an ATSU adjunct faculty member. She now educates other occupational therapists and encourages them to embrace challenges as opportunities.

"My hope is that I will be able to inspire students to confidently use the occupational therapy concepts they are learning to guide them, particularly as our profession increasingly addresses population health and well-being as part of practice," says Dr. Erickson.



Dr. Erickson

Before he became a physician, Danny McClure, DO, '13, inspired by his Christian faith, took a medical mission trip to Cambodia. While abroad, he was amazed by the care his group was able to deliver. If he could develop his medical skills and become a doctor, it'd be a way to address the great need he saw in the world.

There was only one problem. Dr. McClure, a middle-aged man with a wife and two kids, was much too old, and far too busy, to earn a medical degree. Or so he thought.

After wrestling with the idea for several months, Dr. McClure decided to take a leap of faith. If this was what God had in store for his life, he was ready to do it.

He researched potential programs, eventually landing on the osteopathic physician's tripartite treatment of body, mind, and spirit, as opposed to a narrow focus on just one facet of wellness. It was a philosophy of care to which he had been introduced by a friendly DO in Alabama, Dr. McClure's home state, and one that presented him multiple tools to treat a patient.

ATSU-SOMA, specifically, stood out. The School was a place where he felt he could be part of a family. The choice just made sense.

During school, Dr. McClure managed to carve out quality time. Each night, the house shared a family dinner, and one Saturday a month was set aside for family trips. Abiding by this schedule helped him maintain a

Forging a new path

By Zachary Reger



Now a psychiatrist for Adelante Healthcare, Dr. McClure was the oldest person in his class when he graduated from ATSU-SOMA in 2013.

healthy balance between family life and the rigors of medical school, a worry he faced before enrolling.

Dr. McClure, 42 years old on the first day of class, was the eldest member of his cohort. But rather than being a barrier, his seniority endeared him to the other students. He was able to offer guidance as they struggled with life's difficulties. In the midst of coursework, he also helped lead a booming Bible study — nearly 40 of his classmates participated.

It was almost like being a surrogate parent, he says.

After graduation, Dr. McClure became a psychiatrist with Adelante Healthcare in Peoria, Arizona. With this work, he found an underserved population he could help, right here at home. The patients Dr. McClure treats are often forgotten and overlooked, he says, and there's a prevailing stigma associated with mental illness.

"But I see patients get better," he adds, voice tinged with compassion.

As an osteopathic physician, Dr. McClure now has the tools necessary to help those who need it most. He takes great pride in this service, but remains humbled by his life's new direction and indebted to the school that helped him along the way.

"I appreciate what ATSU-SOMA has done to help me live out my passion," Dr. McClure says. "I don't think I'd be where I am, with the passion and joy I have for what I do, if I had gone to another medical school."



Community love

Celebrating 125

Braving chaos

Missouri-made DMDs

Perfect match

The little project

Features

The sweet spot

ATSU-SOMA graduates 103 new doctors

ATSU-SOMA celebrated the class of 2017 at its commencement ceremony on Friday, May 26. Families and friends packed the Mesa Arts Center to see 103 graduates receive their DO degrees. Nine graduates also earned their MPH degrees. Sister Adele O'Sullivan, MD, a board-certified family physician, delivered an inspirational keynote speech about her experience in caring for the homeless. She described her journey of becoming a doctor for the underserved at a clinic in downtown Phoenix.

"I went to take that job, in that rundown old building, taking care of whoever was waiting outside the door in the morning and going out to the ones that wouldn't come to me," says Dr. O'Sullivan. "It was where I found the synergy between the practice of medicine and myself – the sweet spot."

Learn more about ATSU's events and celebrations throughout 2017 beginning on Page 21.

Adorned with academic regalia and flowers, Sharan Kaur, DO, '17, proudly leaves ATSU-SOMA with diploma in hand.

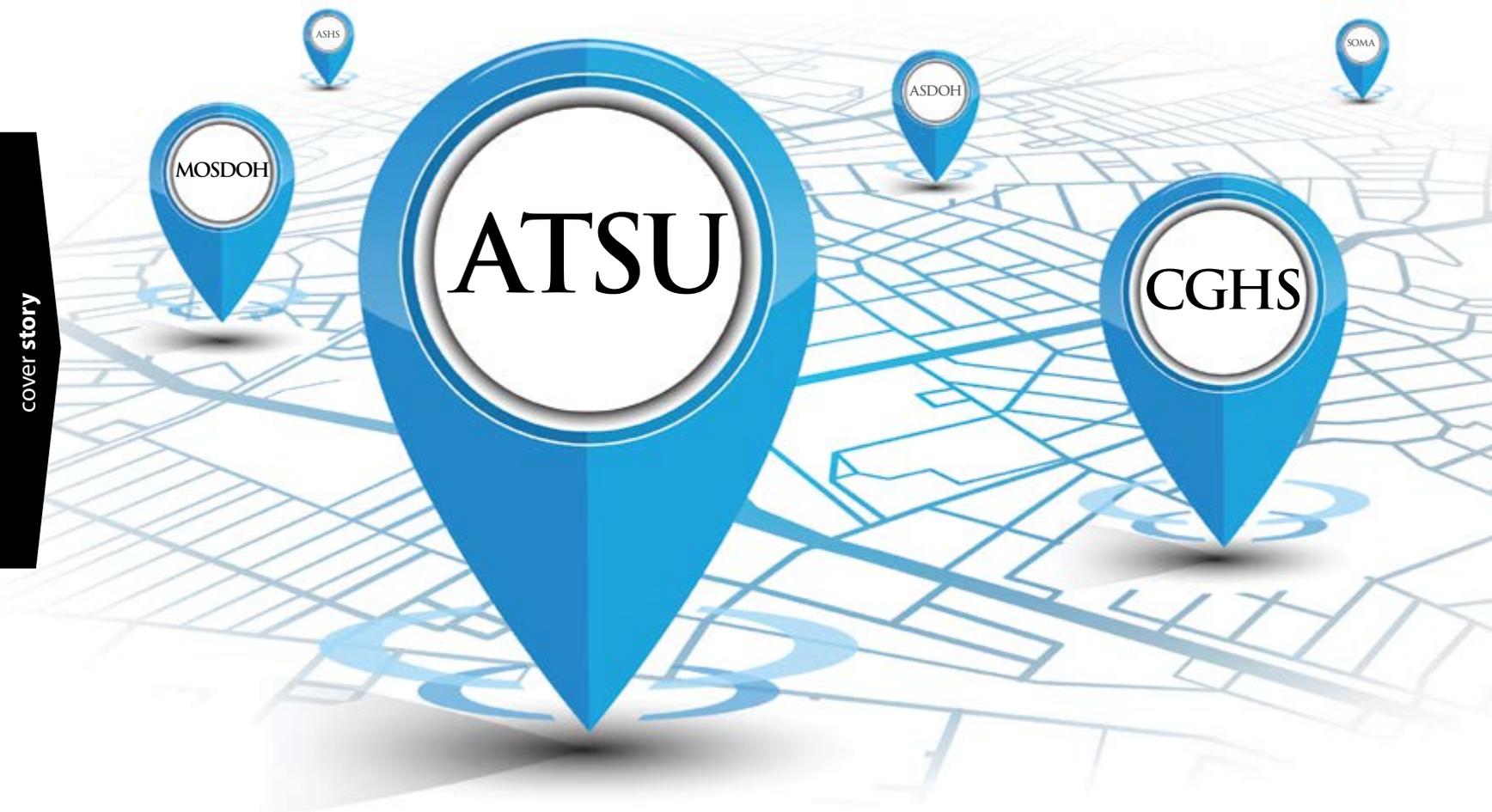
For the **love** of COMMUNITY

By Katie
Hubbard

**To celebrate its
125th anniversary,
ATSU is doing what it
does best – educating its
students while serving
its communities.**

ATSU is giving back to its communities in honor of its 125th anniversary. Throughout the 2017-18 academic year, faculty, staff, and students are teaming up to address specific needs in their communities through service projects. Each college and school chose its own project and was granted funding from the University to carry out its initiative.

While some service projects are scheduled for later in the year, others are already underway. *Still Magazine* takes a closer look at the projects in progress this fall.



cover story

ATSU-KCOM

Mental health awareness and outreach

Mental health has become a prevalent concern, particularly in medical education and healthcare. While the topic has gained momentum as a national discussion, it remains a difficult conversation. Mental health encompasses a range of issues including anxiety, depression, psychosis, behavior problems, and suicide. According to American Foundation for Suicide Prevention, 300-400 physicians die by suicide each year.

Kirksville, Missouri, has seen its share of tragedies associated with mental health issues in recent years. Because of these events, ATSU-KCOM is working to erase the stigma while promoting awareness and resources. Two and a half years ago, following a student's suicide that sent shockwaves through the College, Dean Margaret Wilson, DO, '82, established the Student Mental Well-being Task Force. Comprised of faculty, staff, and students, the task force's purpose is to prevent mental health issues by creating a better, more supportive environment for students dealing with the pressures of medical school and helping them transition successfully into practice.

"Mental health is a problem for physicians, teachers, students, patients, community members," Dr. Wilson says. "It's everybody's issue."

When funding became available for a service project,

Dr. Wilson immediately chose mental health awareness as a way to expand on current efforts and effect change throughout the area. Hoping to create sustainable community benefits, she brought in ATSU's mental health wellness counselor, Sarah Thomas, MSW, LCSW. Together, they designed a three-pronged approach targeting local school districts, Truman State University, and area healthcare workers.

First, ATSU-KCOM teamed up with Preferred Family Healthcare, a local behavioral health organization, to offer Mental Health First Aid courses to area teachers. In the Kirksville R-III School District, the project's goal is to have 90 teachers and staff members trained by the end of the academic year. So far, 30 have completed the training.

"Mental Health First Aid doesn't make them counselors or psychiatrists; it gives them the tools to support a person in need," says Thomas.

Thomas offers Mental Health First Aid courses on the Missouri campus for ATSU faculty, staff, and students. The courses, which are part of the University's emphasis on health and well-being, focus on all aspects of mental health. The responses from participants have been resoundingly positive.

"Mental Health First Aid was a great training and provided numerous tools I have since used in my medical career and in everyday life," says Sheyann Kirby, OMS III. "Similar to CPR training, it has been a great resource to reflect upon when encountering a crisis."

In addition to providing Mental Health First Aid to local teachers, Thomas hit the streets to reach families. She walked with ATSU students and staff in the Kirksville High School and Truman State University Homecoming parades, literally putting mental health information and resources in the hands of community members.



Top: At the Truman State University Homecoming parade on Saturday, Oct. 14, Sarah Thomas hands out candy and goody bags filled with mental health information.

Bottom: Along with ATSU's parade float, wellness counselor Thomas Van Vleck, MA, and his son carry a "Be the Light" campaign banner, advocating for mental health awareness in the Kirksville community.



Second, the project aims to partner with Truman State University and its counseling program to recognize and prevent mental health issues among undergraduate students and within the community. Dr. Wilson and Thomas hope the partnership will create educational opportunities, including dynamic guest speakers, health fairs involving students from high school through medical school, and other special activities.

Third, Dr. Wilson and Thomas are planning to hold a workshop for nurses, residents, mental health professionals, physicians, and other frontline health providers. The workshop will aid local healthcare workers in addressing their patients' mental health. By integrating ATSU's body, mind, and spirit philosophy, the workshop will also encourage healthy strategies for caring for their own mental health and well-being as providers.

"I want to be the pebble that causes a ripple," says Dr. Wilson. "We can make a difference."

Ultimately, ATSU-KCOM is calling mental health issues out of the shadows. The College and its partners are increasing community awareness and engaging people of all ages and professional levels. By arming community members with training and resources, the mental health awareness project is laying the groundwork for a happier, healthier community.

ATSU-CGHS

Corbin's Legacy Back-to-School Health Fair

For its 125th anniversary service project, ATSU-CGHS chose to help children and families in need. The College's Master of Public Health program collaborated with its service partner, Corbin's Legacy. The mission of Corbin's Legacy is "to continue Corbin's work by assuring that no elementary school child goes without lunch, or is embarrassed, because their account is too low or depleted." It is also "assisting elementary school children with basic school and healthcare needs that they otherwise would not have." Together, they organized a Back-to-School Health Fair for children from Title I schools in the Phoenix area.

On Wednesday, Sept. 27, ATSU-CGHS hosted 200 elementary children on the Mesa, Arizona, campus. The College teamed up with ATSU-ASDOH, ATSU-ASHS, and ATSU-SOMA to provide free health, hearing, vision, and dental screenings for third- through fifth-graders. Corbin's Legacy paid transportation costs. Additionally, Corbin's Legacy will assist any child who needs follow-up care, such as glasses or prescriptions.

"This follow-up will fill a common gap between screenings and care," says Mary-Katherine Smith McNatt, DrPH, chair of ATSU's Master of Public Health program and coordinator of the event. "We are thrilled to partner with Corbin's Legacy to provide important health screenings and school necessities for children in need."

During the event, children rotated through stations and various health screenings, as well as games like bowling and hopscotch. They received toothbrushes, toothpaste, and floss on top of gift cards for food and school uniforms. They also enjoyed a hot lunch at Straight A Café. In addition, teachers received giveaways, courtesy of Treasures 4 Teachers.

Approximately 100 faculty, staff, and students from ATSU and several community members volunteered to deliver this interprofessional fair. ATSU students performed all screenings under faculty supervision.

Many children who participated in the event were uninsured or underinsured. Without this project, they would not have received critical health screenings. By addressing their basic needs, ATSU-CGHS and Corbin's Legacy are helping these children in and out of the classroom.

"Not only does the partnership create meaningful learning opportunities for ATSU students, it prepares children for a healthy, happy, successful school year," says Dr. Smith McNatt. "We plan to continue the partnership and hold the event annually."



Mesa Mayor John Giles and Bucky, the Ram of Reason, show their support at the health fair.



Renata Whitlock, MS, PA-C, '17, shows a child how to listen through a stethoscope during the health fair.

ATSU-MOSDOH

Dentures for veterans

Saturday, Sept. 23, marked completion of the first phase of ATSU-MOSDOH's Dentures for Veterans project. Student and faculty volunteers delivered full upper and lower dentures to five U.S. military veterans at the St. Louis Dental Education and Oral Health Center. As the first group of veterans received dentures, a second group of veterans started the process.

The School's service project evolved out of volunteer mission trips to Dexter, Missouri. During these dental missions, patients with limited access to oral health services received care through Smiles of Hope Dental Clinic. ATSU-MOSDOH's Herbert Silva, DMD, assistant professor and comprehensive care unit director, soon realized veterans made up a considerable portion of patients in need.

With funding available for a service project, ATSU-MOSDOH Dean Dwight McLeod, DDS, MS, championed the initiative to continue helping veterans by providing dentures and follow-up care free of charge. The denture process takes about eight weeks to complete, so the School divided veterans into groups and is completing its project in phases. Each veteran is treated by a team comprised of a third- and fourth-year student, with faculty supervision. During the first phase, each team included one student who served in the military.

"You gave me my smile back," says 20-year Army veteran Jimmy Comstock, hugging his student dentists. "You gave me my dignity back."

To provide free dentures, which can cost at least \$3,000, ATSU-MOSDOH joined forces with Affinia Healthcare, Smiles of Hope, and Dental Arts Laboratories Inc. (DAL) in Davenport, Iowa. Affinia Healthcare provides administrative support during veterans' visits to the St. Louis Dental Center. Smiles of Hope, a ministry of the Lighthouse Church of Dexter, Missouri, covers the veterans' travel expenses. DAL waived laboratory fees for the first six denture cases and adjusted fees for all remaining cases.

Dr. Silva, a former Marine officer, is serving as the project facilitator and is working closely with Vice Dean Poonam Jain, BDS, MS, MPH, to carry out the project. Dr. Silva is helping identify veterans for the project and is coordinating the volunteer student teams and faculty members who supervise and mentor the students. The volunteer faculty members include Michael Abels, DDS; David Greaves, DDS; Matthew Greaves, DDS; Emilio Jiminez Colon, DMD; Gerard Krueger, DDS, MS, FACP; Marzban Patel, DDS; Joseph Shea, DDS; and Eric von Hoven, DMD.

Peter Le photographs
Air Force veteran Patrick
Stender's new dentures.



"Our partners and volunteers are helping provide a needed service," says Dr. Silva, who is working to identify Kirksville-area partners to continue providing dentures for veterans.

For these veterans, the opportunity for dentures was serendipitous. Patrick Stender, an Air Force veteran, had fallen on tough financial times, and unfortunately getting new dentures was not a priority. He had worn the same dentures for 17 years, although most dentures last eight years. The old dentures had been dropped and broken multiple times, and each time, he superglued them back together.

"This was a huge blessing for me," says Stender, who was treated by Shaughn McCormick, D3, and Navy veteran Peter Le, D4. "It couldn't have come at a better time."

Comstock was also in desperate need of new dentures. He had the same set for more than 20 years, and the teeth were completely worn out. He couldn't remember the last time he smiled or felt comfortable showing his teeth, but Lauren Kessinger, D3, and Air Force veteran Michael Love, D4, helped bring back his smile.

"My experience has been fantastic," says Comstock. "When I smile now, people will notice it."

Stender, Comstock, and the other veterans laud their time with the ATSU-MOSDOH students and faculty. However, the veterans are not the only ones benefitting from the project. The students are enjoying the camaraderie with former service members while gaining experience with denture cases.

"I am a veteran, so it's awesome to share this experience with other veterans," says Love, a former communications officer. "This opportunity also allows students who aren't veterans to hear stories and learn about what these folks have been through."

ATSU-MOSDOH completed the second phase of its service project on Saturday, Nov. 4, when the second group of veterans received dentures. Also on that day, a third group with seven cases started the process. Their dentures are scheduled for delivery on Dec. 14, just in time for the holidays.

A small army of dedicated volunteers is making this project a



Lauren Kessinger (left) and Michael Love (right) complete dentures for Army veteran Jimmy Comstock (middle).

success. According to Dr. Silva, all faculty, students, and staff were eager to contribute their time and efforts. For him and the other faculty members, it has been satisfying to watch this special project come together.

"We used to say, 'The best medal is a live man's smile,'" says Dr. Silva, regarding his time in the military. "This project has worked to provide the 'smile' for real."

ATSU has turned its anniversary into an opportunity to show some love to its communities. Community health is a key component of the University's mission. While community needs are many, ATSU and its partners are taking important steps to make positive, long-term change. Through mental health awareness, health fairs, dentures for veterans, and more, each project will provide a significant service to those in need. 📍

Look for more ATSU community project updates in
Still Magazine's spring/summer 2018 issue!





The big 1-2-5

ATSU celebrates its quasiquicentennial

By Katie Hubbard and Kit Avanzado

ATSU has made 2017 a year to remember. Throughout its 125th anniversary, the University has celebrated with alumni speakers, community health events, academic initiatives, special ceremonies, wellness activities, and a whole bunch of fun. The following photos highlight some of the memorable moments throughout ATSU's anniversary year.

Arizona campus Wellness Week



On Friday, Feb. 24, the Arizona campus ended its spring 2017 Wellness Week with a campus run, walk, and obstacle course for students and employees.

MOMA Day



ATSU-KCOM students don their white coats on the steps of the Capitol.

April 12 marked the fourth annual Missouri Osteopathic Medicine Awareness (MOMA) Day at the Capitol in Jefferson City. This year's MOMA Day, hosted by the Missouri Association of Osteopathic Physicians and Surgeons, was held in honor of ATSU's 125th anniversary.



Assessment Week

ATSU held its third annual Assessment Week from Feb. 21-23 on the Arizona campus, with presentations broadcasted to both campuses. The week offered several events that addressed assessment needs of ATSU faculty and staff.

ATSU-KCOM faculty member Yohei Norimatsu, PhD, participates in Assessment Week activities.



Alumni All-Star Speakers

ATSU-KCOM alumni visited the Missouri campus to speak about their time at the University and their professional careers.



Chris Newey, DO, MS, '08, discusses the field of neuro critical care as a physician at University Hospital in Columbia, Missouri.



Rodolfo Jimenez, DO, MBA, '90, shares his reasoning for becoming a doctor, as well as his experiences working in community health centers.



Priscilla Tu, DO, '05, speaks about her career at the Carilion Clinic in Roanoke, Virginia, and her experiences in the sports medicine field.

feature story

Commencement ceremonies



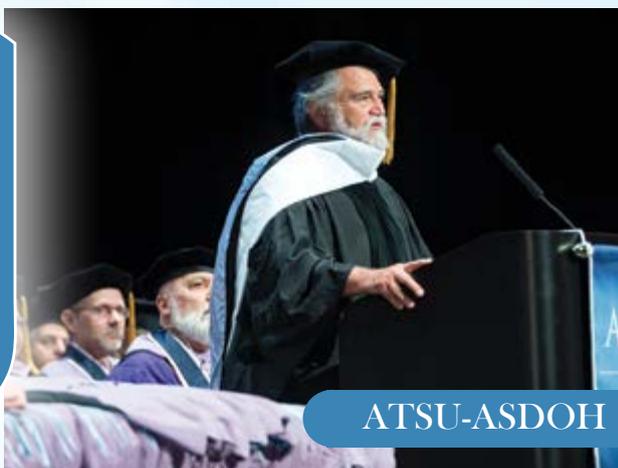
ATSU-KCOM

The College graduated 173 DOs on Saturday, May 20, in Kirksville. Adrienne White-Faines, MPA, CEO, American Osteopathic Association, served as the commencement speaker.



ATSU-SOMA

ATSU-SOMA graduated 103 DOs on Friday, May 26, in Mesa. Sister Adele O'Sullivan, MD, family medicine physician for the homeless, delivered the commencement address.



ATSU-ASDOH

On Friday, May 26, Rick Rader, MD, FAAIDD, director of the Morton J. Kent Habilitation Center at Orange Grove Center, challenged 74 graduates to a professional bucket list.

The bucket list stated, "As a new dentist, I am committed to treating at least one patient in my career who cannot see me, who cannot hear me, who cannot thank me, who cannot understand me, who cannot high-five me, who cannot recall my name, who cannot read, who is at the end of their life, who may not like me, who is confused and scared, who is someone I once stigmatized, who might not be able to pay me, who competes in Special Olympics, and who lost their memories."

How did he come up with this list?

Dr. Rader said, "I made a list of my most memorable patient encounters."



ATSU-CGHS

ATSU-CGHS graduated 275 students on Friday, May 26, in Mesa. Will Humble, MPH, executive director, Arizona Public Health Association, served as the commencement speaker.



ATSU-MOSDOH

ATSU-MOSDOH celebrated its inaugural commencement ceremony on Saturday, June 10, in St. Louis. The Honorable Jeremiah W. "Jay" Nixon, JD, former Missouri governor, spoke to 42 graduates. Learn more about the School's commencement on Page 30.



ATSU-ASHS

On Friday, Aug. 4, ATSU-ASHS held its commencement ceremony for 428 graduates. Sharon Dunn, PT, PhD, OCS, president, American Physical Therapy Association, delivered the commencement address.

Summer Healthcare Career Experience

ATSU and Truman State University collaborated to provide a Summer Healthcare Career Experience (SHCE) for high school students interested in healthcare professions. The four-day program involved hands-on activities at both universities.

“This is my second time going through this experience. I learned so much last year, and I’m so grateful I had the opportunity to come again.”

– Alfred Boyd on attending SHCE



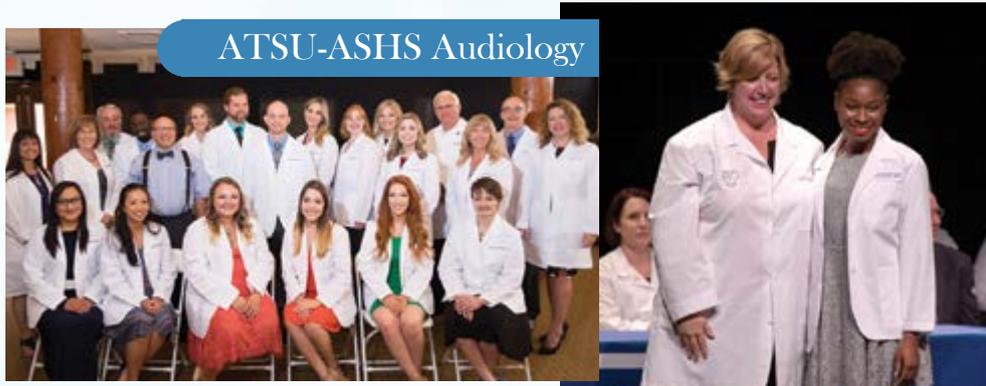
White coat ceremonies

Arizona campus

On Friday, July 14, the Arizona campus welcomed 108 ATSU-SOMA students, 76 ATSU-ASDOH students, 60 ATSU-ASHS Physical Therapy students, and 70 ATSU-ASHS Physician Assistant Studies students. On Saturday, Sept. 9, the campus welcomed 14 ATSU-ASHS Audiology students.

Missouri campus

On Saturday, July 15, the Missouri campus celebrated 172 new ATSU-KCOM students and 42 new ATSU-MOSDOH students.



ATSU-ASHS Audiology

ATSU-ASHS Physician Assistant Studies



ATSU-KCOM



ATSU-ASHS Physical Therapy

ATSU-SOMA



ATSU-MOSDOH



Kirksville Community Thank You event

ATSU, Truman State University, and the city of Kirksville hosted a Kirksville Community Thank You Dinner on Friday, Sept. 8, to thank hundreds of community members for their unwavering support. In addition to ATSU's 125th anniversary, Truman State University celebrated 150 years, and Kirksville celebrated 175 years.



Kirksville Mayor Phillip Biston, Truman State University President Dr. Susan Thomas, and Dr. Phelps celebrate their respective anniversaries.



Performance Assessment Center dedication

Lisa Archer, RN, director, simulation & performance assessment, discusses the center's technology with Dr. Rick Greenberg and Dr. David Greenberg's widow, Nancy.

ATSU dedicated the Byron & Helena Greenberg Performance Assessment Center on Tuesday, Oct. 3. The naming opportunity was funded by Byron and Helena's sons, Eric G. (Rick) Greenberg, DO, '74, and the late David R. Greenberg, DO, '74.



Gift of Body Ceremony

On Thursday, Oct. 5, ATSU held its annual Gift of Body Ceremony on the Missouri campus. The ceremony honors those who have donated their bodies to the benefit of medical education.



Parades

ATSU-KCOM and ATSU-MOSDOH students rocked ATSU blue for Truman State University's Homecoming parade on Saturday, Oct. 14. ATSU also participated in the Kirksville High School Homecoming parade on Friday, Sept. 29.



Tinning Founder's Day Osteopathy Lecture

President Emeritus Fred C. Tinning, PhD, delivered the 2017 Fred C. Tinning, PhD, Founder's Day Osteopathy Lecture on Thursday, Oct. 19. As president from 1984-96, he was committed to one goal: "To do what is right for the institution, by preserving traditions and planning tomorrows." Following his lecture, he received a standing ovation and a painting of the Tinning Education Center.

The University's annual "Evening with the Stars" provided ATSU-KCOM students the opportunity to interact with practicing clinicians.

Second-year students Jillian Sampair and Robert Ring demonstrate ultrasound technology to international visitors Ana Paula Ribeiro, DO; Viviane Maduro de Camargo, DO; and Fernanda Silveira, DO.

125th Legacy Speaker

125th Legacy Speaker Bruce Mintz, DO, '81, delivered a unique and fascinating lecture about art, literature, history, and medicine during Founder's Day on the Missouri campus. The New Jersey-based physician is board certified in internal medicine and vascular medicine and is a staunch supporter of ATSU and the osteopathic profession.

"The goal of a physician is to see what everybody else has seen and think what nobody else has thought. Be an observer of life."

- Dr. Bruce Mintz



Evening with the Stars



Alumni Recognition Ceremony

On Friday, Oct. 20, ATSU held its Alumni Recognition Ceremony, welcoming back the classes of 1992 and 1967. Also during the ceremony, the Kirksville Osteopathic Alumni Association (KOAA) presented awards.



Members from the ATSU-KCOM class of 1992

Members from the ATSU-KCOM class of 1967



G. Barry Robbins, DO, FACN, '70, receives the 2017 KOAA Living Tribute Award and is surprised by his family.

feature story

Women's flag football

The Missouri and Arizona campuses held their annual women's flag football games during Founder's Day.



2nd Lt. Jake Colver, OMS I, performs the national anthem prior to the game on the Missouri campus.



Far left: Bone Crushers' Missy Madison, D1, rushes against the second-year Flatliners. A battle of wills pushed the game into triple overtime. The Flatliners were victorious with a final score of 42-35.



Left: Male cheerleaders entertain the crowd at halftime.



Right: ATSU-ASHS students battle it out during the Super Puff on Thursday, Oct. 26.

Far right: Occupational Therapy/Physician Assistant Studies defeats Physical Therapy to be crowned Super Puff champions.



On Friday evening, Oct. 20, alumni, students, faculty, staff, and their families enjoyed the annual Still-A-Bration, which included children's activities, bonfire and s'mores, drive-in movie, and karaoke party.

Still-A-Bration



Kathleen Brynes; Tom Brynes, DO, '92; Monica Haines, DO; and Richard Koss, DO, '82.

“With the training provided here, you can get through amazing situations.”

– Dr. Richard Koss on his education at ATSU-KCOM



ATSU faculty, staff, and students relax at the bonfire during Still-A-Bration.



Day for Special Smiles

ATSU held its seventh annual Day for Special Smiles on the Arizona campus Friday, Oct. 27. Student and faculty volunteers from ATSU-ASDOH provided free dental care to 73 patients with special needs. Volunteers created a fun, Hawaiian-themed atmosphere to help ease patients' concerns about receiving treatment.

Arizona campus celebration

On Friday, Oct. 27, the Arizona campus held its annual Founder's Day celebration on the front lawn. The evening included a children's costume contest, interactive inflatables, face painting, carnival games, and food. During the event, Mesa Vice Mayor David Luna presented Dr. Phelps with a proclamation declaring Oct. 27 as "A.T. Still University Day." 📄



The inflatable bounce house is a hit with students.



Left: ATSU-SOMA Dean Jeffrey Morgan, DO, and students celebrate 125 years.

Lower left: Approximately 550 students, faculty, staff, and their families celebrate Founder's Day into the late evening hours.



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What will ATSU, healthcare, and education look like during the next 125 years? To help shape the University's future, please share your bold and innovative ideas by emailing president@atsu.edu.

Braving the storm

Miami-based alumni face Irma's onslaught

By Zachary Reger

For Cassandra Beard, DO, MPH, '17, and Evan Wolff, DO, MPH, '17, postgraduate residency took an unexpected turn. Both are serving at Larkin Community Hospital in south Miami. As Hurricane Irma swept through the city in early September, the two ATSU-SOMA alumni strove to deliver patient-centered care amid historically catastrophic conditions.

During the disaster, the hospital divided workers into alpha and bravo teams. The former operated the hospital during the hurricane itself, while the latter was placed on standby until the storm passed, relieving emergency staff during recovery. Drs. Beard and Wolff were both on alpha, meaning they had to live and work in the hospital for days on end as Irma raged outside. The team stayed a total of four days and three nights, Dr. Beard says, catching sleep on air mattresses they'd set up in administrative offices.

The situation wasn't easy. Hospital staff dealt with intermittent power outages and an inability to release patients who had nowhere to go. In preparation, the hospital deployed hurricane shutters and sandbagged doors. Dr. Wolff says an awning on the top floor, supported by posts with concrete bases, was lifted off the ground, while many outdoor signs and fences completely blew away. Flooded streets and scattered debris made transportation onerous.

Drs. Beard and Wolff credit their medical education with helping them weather the storm. The hospital's backup generator only runs essential medical equipment, meaning computers couldn't be used when the power was out. Fortunately, Dr. Wolff already had experience handwriting his notes and orders. After the storm, he contacted ATSU-SOMA Associate Dean of Clinical Education and Services Sharon Obadia, DO, FNAOME, '97, to thank her for enforcing the practice during the first year of medical school. Dr. Beard recalled ATSU mentors, such as Dr. Obadia and Lorree Ratto, PhD, who taught her to visualize situations from the perspective of the patient, helping her focus during the hurricane. The tactic allowed her to provide the best medical care possible while conquering personal anxieties in a difficult situation, Dr. Beard says.

At peak intensity, Irma boasted record-setting wind speeds of 185 mph. After devastating much of the Caribbean, the storm made landfall in Florida Sept. 10 as a Category 4 hurricane. According to Reuters, a news wire service, Irma's destruction caused the deaths of more than 84 people and left millions without power. [S](#)



Drs. Cassandra Beard and Evan Wolff recently graduated from ATSU-SOMA and are completing residencies in south Miami.

Hurricane Irma was one of several storms in this year's unusually active hurricane season. Our thoughts are with ATSU alumni, employees, and students affected by these hurricanes as they continue to live and work in hazardous conditions. If you were affected and would like to share your experience, or simply wish to check in with the University, please email stillmagazine@atsu.edu.

ATSU
MISSOURI SCHOOL
OF DENTISTRY
& ORAL HEALTH
1892 125 YEARS LEADING 2017



feature story

The inaugural graduates have become technologically adept dentists who are caring, community-minded healthcare providers.



Made in MISSOURI

When ATSU began the creation of a new dental school in Missouri, its primary goal was to educate community-minded healthcare providers who would address oral healthcare disparities in the state and across the nation. After years of planning and progress, the School celebrated a long-awaited milestone when its inaugural class graduated June 10, 2017. On that day, the same 42 students who took a chance on ATSU-MOSDOH became 42 dentists who pledged to care for their patients and communities in Missouri and beyond.

Excitement and anticipation filled the auditorium on commencement day. Graduates and their families and friends beamed with pride as they entered the Blanche M. Touhill Performing Arts Center on the University of Missouri-St. Louis campus. Grand Marshal Dale DeWan, DMD, MS, one of the School's original faculty members, led the "Pomp and Circumstance" procession. Then, ATSU Senior Vice President-Academic Affairs Norman Gevitz, PhD, and ATSU-MOSDOH Dean Dwight McLeod, DDS, MS, welcomed guests and introduced the stage party. The graduating class president, Kara Gerber, DMD, '17, also welcomed guests and delivered a heartfelt message on behalf of her classmates.

"By accepting a seat in the inaugural class of a brand new dental school, we automatically chose to walk along the road less traveled," said Dr. Gerber. "Little did we know when we began here what we were in for, and that we were taking on such a tremendous responsibility that has now become such a great honor."

ATSU-MOSDOH's unique approach to dental education provided these graduates with invaluable learning experiences that shaped them personally and professionally. As stu-

dents beginning the program in Kirksville, they spent their first and second years in the classroom and dental simulation clinic, learning in a state-of-the-art facility that would prepare them for clinical settings. They also participated in community outreach events focused on oral health education, particularly for children.

As third- and fourth-year students at the St. Louis Dental Education and Oral Health Center, they gained hands-on experience with patients in need. They continued their outreach programs in underserved areas, and they formed strong bonds within the St. Louis community. These community bonds were evidenced when more than 20 patients attended the commencement ceremony to watch their student dentists officially become dental healthcare professionals.

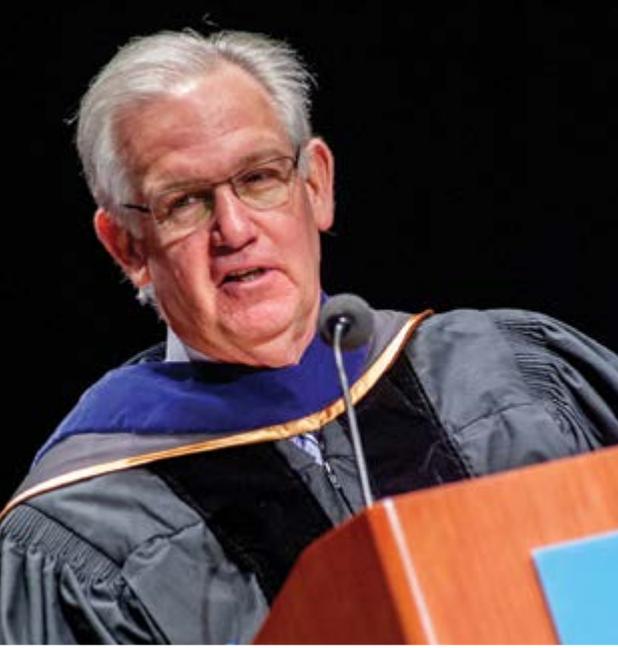
From day one, expectations of this group were high. Even so, the classmates worked hard, supported each other, and successfully pushed through challenges, including a compressed schedule during their first year. Ultimately, they left ATSU on a high note as they received a 100 percent pass rate on their dental licensing examinations.

"Today is a great day – a historic day, adding strength to the legion of total healthcare professionals in our state and our country," said the Honorable Jeremiah W. "Jay" Nixon, JD, who delivered the commencement address. "Each of you graduates will no longer be the same; you will be leaders in your profession, your communities, and your growing world."

By Katie Hubbard



All 42 students from ATSU-MOSDOH's first class graduated on June 10.



Top: Former Missouri Gov. Jay Nixon addresses the graduates, encouraging them to be “good teachers, not just practitioners.”

Center: Dr. McLeod greets Connor Mahoney as he crosses the stage to be hooded.

Bottom: The ATSU-MOSDOH class of 2017 recites the “Oath to the Profession,” pledging to faithfully fulfill the dental profession’s responsibilities.



Drs. Hajera Azam and Patrycja Wierzbicki, along with their classmates, share emotional goodbyes.



Nixon supported ATSU-MOSDOH from its beginning. He was governor of Missouri when plans for a new dental school were developed, and he endorsed Kirksville as the location for the School in 2010. He shoveled dirt at Kirksville’s groundbreaking ceremony in March 2012 as well as St. Louis’ clinical site groundbreaking in April 2014.

After the graduates crossed the stage to receive their diplomas and lilac hoods, ATSU President Craig M. Phelps, DO, ‘84, conferred their degrees. Allison Crutchfield, DMD, ‘09, MPH, ‘14, another original faculty member of the School, led the “Oath to the Profession,” and then, David Goldman, DO, JD, ‘91, president of the Kirksville Osteopathic Alumni Association, inducted the graduating class as ATSU alumni.

“You are the students, along with your faculty, who have changed the paradigm of dental education,” said Dr. Phelps in his closing remarks. “You have what our country needs, and in fact, you have what our world needs.”

ATSU-MOSDOH’s innovative model for dental education has proven successful. In addition to graduating its inaugural class, the School received notification in August it had been granted “accreditation without reporting requirements” from the Commission on Dental Accreditation (CODA). This status, the highest rating awarded by CODA, indicates ATSU-MOSDOH is now fully operational. It also signifies the School has fulfilled its promise to graduate dentists who will serve the underserved.

Since commencement, the class of 2017 has wasted no time pursuing professional endeavors. Approximately one-third of the graduates entered private practice, one-third joined community health centers, and the remaining third enrolled in advanced training programs.

“The four-year journey, as challenging as it seemed, witnessed marriages, births, sorrows, disappointments, accomplishments, celebrations, and the forging of what will be lifelong friendships,” said Dr. McLeod. “Your career paths, as exciting and fulfilling as they may be, will lead you back to your home, ATSU-MOSDOH.”

These 42 classmates, with different backgrounds and experiences, came together in 2013 with a common goal of becoming competent healthcare professionals. Molded by their education, they learned how to treat patients well and with compassion. They accomplished their goal and set the stage for future graduates. No matter where their individual career paths lead, they will always be exceptionally trained dentists who were made in Missouri. **S**

PERFECT

ATSU students donate life-saving marrow to patients in need

By Kit Avanzado

Alex Dwyer, OMS III, and Jonathan Pyle, D2, just wanted to do the right thing. That's why they decided to become marrow donors. After discovering how much of an effect they could have as donors, both students felt it was necessary to sign up. Ultimately, they were able to save the lives of patients desperately in need.

Dwyer made the decision to become a donor while he was an undergraduate student at the University of Missouri, prior to attending ATSU-KCOM. He was walking by an information booth about bone marrow donations during a homecoming blood drive and made the decision immediately.

"I couldn't think of a reason not to be a donor," says Dwyer. "It's such a minor inconvenience, and you're helping people who are going through terrible diseases."

After becoming part of the registry, Dwyer received a call eight months later. A patient diagnosed with Acute Myeloid Leukemia was in need of a bone marrow transplant to survive, and Dwyer was a match. Because of his donation, the patient is still alive today.

Pyle's reasoning for becoming a donor was similar to Dwyer's. The ATSU-MOSDOH student did what he thought anyone else would do and signed up at an informational booth on ATSU's Missouri campus.

Through his donation, Pyle was able to save an infant suffering from Wiskott-Aldrich syndrome. Individuals with Wiskott-Aldrich syndrome typically have a decrease in the number and size of blood cell fragments involved in clotting. They are also at risk for infections, autoimmune diseases, lymphoma, and bleeding problems. The infant patient who received Pyle's donation is still under care, but his chances of survival have increased substantially with the donation.

Marrow donations offered these two patients the best chance for survival. Unfortunately, roughly 70 percent of patients who need a transplant do not have a fully matched donor in their family. Knowing this, Dwyer and Pyle knew they had to do everything they could to help.

There are two main methods of marrow donation. One is via peripheral blood stem cells (PBSC). The other is through bone marrow. PBSC is a non-surgical procedure. For five days leading up to the donation, donors are given injections of filgrastim. On the day of donation, blood is removed through a needle on one arm and passed through a machine that separates out the blood-forming cells. Bone marrow donation is a surgical procedure where doctors use needles to withdraw liquid marrow from the back of a donor's pelvic bone. Dwyer was required to take the PBSC route, whereas Pyle took the surgical route.

Both Dwyer and Pyle were surprised about how easy the entire process was. All expenses associated with the transplant process were covered. Dwyer was flown to Georgetown University Hospital in Washington, D.C., for preliminary tests. After the results proved he was a positive match, he was flown out for the remainder of the donation process. Dwyer underwent a week of injections to increase his peripheral stem cell count. Then, he was flown again to a hospital where he had an IV in one arm to remove blood and retrieve the stem cells needed, while pumping blood back into his other arm.

"It was like giving blood," says Dwyer. "It's a very easy process."

Although Pyle took the more complex, surgical path, he too said it was hassle- and pain-free. He had some minor soreness following the procedure, but the discomfort only lasted a couple days.

"A little discomfort is OK when you realize you're giving someone another chance at life," says Pyle.

Saving lives was the most important factor for Dwyer and Pyle. They were presented with an opportunity to help others on their journey to becoming healthcare professionals. However, their message is that anyone can positively affect someone's health and well-being.

"You don't have to be a physician or a dentist to change someone's life," says Pyle. "You just have to put yourself out there so others in need can find their perfect match." 📌

MATCH

The little project that could

By Anne Ackroyd

Two years ago, Saul Rivera, MS, PA-C, '17, got a call from family members in Mexico. His grandmother was having a hard time speaking and felt very weak. No one in the family knew how to interpret these strange symptoms. Panicked, they took her to the hospital where they learned she had suffered a stroke. Because Rivera's grandmother received prompt treatment, she has since made a full recovery. Unfortunately, not all stroke victims are so lucky.

Recently, in a class on ATSU's Arizona campus, Rivera learned strokes are more prevalent and more likely to be fatal in the Hispanic population. The lecture resonated with him, as he reflected on his grandmother's experience. Rivera and his classmates, Clint Draney, MS, PA-C, '17, and Ephraim Temple, MS, PA-C, '17, decided to tackle the problem in their capstone project.

Their goal was to educate as many people as possible on the warning signs of a stroke and to make the information accessible to Spanish speakers. They developed a memory device, "5 Ds y llame al 9-1-1," or "5 Ds and call 9-1-1." Each "D" stood for a stroke symptom. In English, the "5 Ds" translate to arm weakness, facial drooping, difficulty speaking, headache, and sudden onset.

To reach the Hispanic population, Draney, Rivera, and Temple planned to distribute flyers at the Mexican consulate. However, thanks to a friend with local media connections, their project grew into something much bigger than they expected. The story was picked up by three of the Valley's largest Spanish-language media networks: Univision, Telemundo, and Prensa Hispana. In total, it reached more than a million people, including Rivera's grandmother and family in Mexico.

"I started calling this 'our little project that could,' because it reached far more people than we initially hoped," says Temple. "It was exciting to see the media's interest in increasing public awareness about strokes."

"We had a lot of fun working on this project together and were surprised and pleased by how much exposure we got," adds Draney. "As recent ATSU graduates, we are excited to get out into the community full-time, promoting stroke awareness."

No doubt, the project has the potential to save lives. It has also created unique educational and professional opportunities for Draney, Rivera, and Temple.

"It was a wonderful experience to build networks," says Rivera. "The media contacts we developed will allow us to reach out to the Hispanic community in the future. We exceeded our expectations with this project, and we are very happy about that." 📺



ATSU-ASHS alumnus Clint Draney speaks with a reporter from Univision.

feature story

Reunion & events
roundup

Class notes

Faculty & staff news

In memoriam

Parting shot



Connections

Innovation takes shape

A.T. Still Memorial Library holds 3-D printer contest

Beginning in February, A.T. Still Memorial Library held a 3-D printer contest for the Arizona and Missouri campuses. Criteria for model designs included use in healthcare or healthcare education, innovation, creativity, originality, influence on learning, and ability to meet intended learning objectives. A panel of faculty and staff on each campus judged the entries, and the top three winners on each campus were announced in May.

On the Arizona campus, first-place winners were Jon Seo, D4, and Garrett Seymore, D4, for "Safe Mandibular Surgery Model." Second-

place winners were Matthew Kahn, DDS, MS; Desiree Lovett, D4; and Kristina Rodriguez, D4, for "3-D Printing for Implant Surgical Guide." The third-place winner was Jake Zellner, D3, for "3-D Human Skull for Dental Anesthetic Technique."

First-place winners on the Missouri campus were Jeremy Houser, PhD; Baydon Hilton, OMS III; and Blake Stringham, OMS III, for "3-D Ophthalmotrope." Dallyn Udall, OMS III, was the second-place winner for "3-D Sagittal Brain Sections," and Jamie Carroll was the third-place winner for "3-D Preservative-free Eye Drop Container."

Dr. Houser (center), Hilton (left), and Stringham (right) showcase their "3-D Ophthalmotrope," an interactive device that can be manipulated to demonstrate normal anatomical movements in the eyes, as well as pathologic states when one or more of these muscular systems have been compromised.

Reunion roundup

American Academy of Audiology (AAA) AudiologyNOW!

Indianapolis, Indiana | April 5

Tabitha Parent-Buck, AuD, chair, audiology; Amit Gosalia, AuD, '06; and Randy Danielsen, PhD, PA, dean, ATSU-ASHS. In addition to Drs. Danielsen and Parent-Buck sharing updates about ATSU-ASHS and its Audiology programs, Dr. Gosalia was presented with the ATSU-ASHS Alumni Chapter's Distinguished Service Award for his service as a preceptor for audiology students in Arizona and Washington, providing care at numerous community events, and contributions in various leadership roles in the field of audiology.



Missouri Association of Osteopathic Physicians and Surgeons (MAOPS)

St. Charles, Missouri | April 26-28



John Bailey, DO, '90, MAOPS president. ATSU-KCOM and ATSU-SOMA alumni, students, faculty, and staff gathered to enjoy MAOPS events. Kent Campbell, DO, '83, associate dean, academic and clinical educational affairs, ATSU-KCOM, recognized Dr. Bailey as the MAOPS incoming president and celebrated Jeff Davis, DO, '00, as the outgoing MAOPS president. Over the course of the convention, numerous alumni and students received awards for their contributions and accomplishments.

Arizona Osteopathic Medical Association (AOMA) Convention

Scottsdale, Arizona | April 20

Jeffrey Morgan, DO, dean, ATSU-SOMA, and Robert Ligorsky, DO, regional associate dean, ATSU-KCOM, welcomed alumni and students from around Arizona at a reception where they shared information about the new ATSU Osteopathic Medicine Center Arizona on the Arizona campus and how ATSU-KCOM continues to leverage the latest ultrasound and patient simulation technologies to keep its curriculum both high touch and high-tech.



Seattle & Portland Area Alumni, Students, & Friends Receptions

May 3-4



Alumni, students, and friends joined ATSU's Shaun Sommerer, PhD, vice president, university advancement, and Ann Boyle, DMD, MA, associate vice president, academic affairs, for regional receptions. Updates included the 125th anniversary of ATSU and the osteopathic profession, and the successful accreditation visit for ATSU-MOSDOH as it graduated its first class this year.

American Association of Orthodontists (AAO) Annual Session

San Diego, California | April 22

ATSU-ASDOH's Jae Park, DMD, PhD, MSD, MS, chair, postgraduate orthodontics; Michael Papademetriou, DMD, MS, clinical director, orthodontics; and Dawn Pruzansky, DMD, associate administrative director, orthodontics, hosted a reception for alumni, residents, and friends.

American Academy of Physician Assistants (AAPA) Conference

Las Vegas, Nevada | May 16



Ted Wendel, PhD, senior vice president, strategic initiatives & planning, ATSU; Randy Danielsen, PhD, PA, dean, ATSU-ASHS; and Bert Simon, DHSc, PA-C, chair, physician assistant studies, ATSU-ASHS, held a reception for physician assistant alumni and students from around the country, providing updates from the School and programs and presenting Jim Ali, MS, PA-C, '03, with the ATSU-ASHS Alumni Chapter's Humanitarian of the Year award for serving the underserved in south Phoenix through his nonprofit clinic.

New Jersey Area Alumni, Students, & Friends Reception

Weehawken, New Jersey | June 13

Howard Levine, DO, '87, chair, ATSU Alumni Board, and University Advancement staff welcomed ATSU alumni and friends to a regional alumni event in the Skyline Room of the Chart House. Dr. Levine shared updates from the ATSU alumni boards with attendees.



Ohio Area Alumni, Students, & Friends Reception

Canton, Ohio | June 15

Bob Behnen, MBA, associate vice president, university advancement, and University Advancement staff welcomed ATSU alumni and friends to the alumni event held at the Bistro at Gervasi Vineyard. Alumni enjoyed reconnecting and hearing about the latest University news.



National Athletic Trainers' Association (NATA) Annual Meeting

Houston, Texas | June 28

Alumni and students from the residential and online Athletic Training programs attended a reception hosted by ATSU-ASHS' Ann Lee Burch, PT, EdD, MPH, vice dean; Eric Sauers, PhD, ATC, '97, chair, interdisciplinary health sciences; and Tamara Valovich McLeod, PhD, ATC, director, athletic training. Attendees learned about the first cohort of students graduating from the Doctor of Athletic Training program this summer, as well as faculty presenting at international conferences and earning grants for their research.



Kinesiology Summer Institute

Gilbert, Arizona | Aug. 21



Alumni and students joined ATSU-CGHS' Don Altman, DDS, DHSc, EdD, MPH, MBA, MA, '12, dean, and Tracie Rogers, PhD, chair, kinesiology, to kick off the institute and learn about the versatility of the degree programs and the educational opportunities offered at the College.

American Osteopathic Association (AOA) Osteopathic Medical Education Conference (OMED)

Philadelphia, Pennsylvania | Oct. 7-9



ATSU President Craig Phelps, DO, '84, and KOAA Board President David Goldman, DO, JD, '91, presented the 2017 KOAA honors excellence awards during an ATSU alumni and friends reception held at the Independence Visitor Center. Award recipients included Frederick L. Steinbaum, DO, '68, Alumnus of the Year; G. Barry Robbins, DO, FACN, '70, Living Tribute Award; Tatyana Kondrashova, MD, PhD, Distinguished Service Award; and the late Neil Sargentini, PhD, Distinguished Service Award. Clyde H. Evans, PhD; Harald Lausen, DO; Karen T. Snider, DO, C-NMM/OMM; and Marika Jevbratt, DO, BSc, MSc, received honorary KOAA memberships.



Check out our alumni Facebook page at facebook.com/atsu.alumni for more event photos and updates, and like us while you're there!

More roundups on next page →

Reunion roundup

Missouri campus Founder's Day

Kirksville, Missouri | Oct. 19-21

Margaret Wilson, DO, '82, dean, ATSU-KCOM, and Malcolm Williamson, DO, '67. ATSU-KCOM alumni reconnected to celebrate 25- and 50-year reunions and the 125-year anniversary of ATSU and osteopathic medicine! Members of the '67 class received gold medallions in honor of 50 years of dedicated service, and members of the '92 class received silver pins in honor of 25 years of service. Gold medallion members (those who already celebrated their 50-year reunion) were also honored.



American Dental Association (ADA) Annual Session

Atlanta, Georgia | Oct. 21



Kristen Vilardi-Shanley, DMD, '13; Kayleigh Short, DMD, '13; and Nadia Fazel, DMD, MPH, '14. Alumni, current students, and prospective students joined ATSU-ASDOH Dean Robert Trombly, DDS, JD, at a reception to learn about the growth in ATSU-ASDOH's capability to provide additional digital dentistry and other clinical services with the support of several corporate partners.

UPCOMING alumni events

Visit atsu.edu/alumni/events for current event information, or contact alumni@atsu.edu to learn more. Registration for conferences is not required to attend ATSU alumni events. All ATSU alumni in the area are always invited to attend, even if an event is in conjunction with a different profession's conference.

FEB 5

AT Alumni & Students Reception
Gilbert, Arizona

FEB 16-17

ATSU-ASDOH Alumni Weekend
Arizona campus

FEB 19

DHSc Alumni & Students Reception
Gilbert, Arizona

FEB 22

PT Alumni & Students Reception (APTA CSM)
New Orleans, Louisiana

MAR 9

PA Alumni & Students Reception (ASAPA)
Prescott, Arizona

MAR 22

DO Alumni & Students Reception (ACOFF)
Austin, Texas

MAR 23

DO Alumni & Students Reception (AAO)
Dallas, Texas

MAR 29

Tucson Alumni, Students, & Friends Reception

APR 12

DO Alumni & Students Reception (AOMA)
Scottsdale, Arizona

APR 18

Audiology Alumni & Students Reception (AAA)
Nashville, Tennessee

APR 20

OT Alumni & Students Reception (AOTA)
Salt Lake City, Utah

APR 26

DO Alumni & Students Reception (MAOPS)
St. Charles, Missouri

MAY 3

Portland Alumni, Students, & Friends Reception

MAY 4

Seattle Alumni, Students, & Friends Reception

MAY 5

Orthodontics Alumni & Residents Reception (AAO)
Washington, D.C.

MAY (TBD)

DO Alumni & Students Reception (MOA)
Dearborn, Michigan

MAY (TBD)

PA Alumni & Students Reception (AAPA)
New Orleans, Louisiana

JUN (TBD)

Cleveland Alumni, Students, & Friends Reception

JUN (TBD)

New Jersey Alumni, Students, & Friends Reception

JUN (TBD)

AT Alumni & Students Reception (NATA)
New Orleans, Louisiana

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Medical 2018

Las Vegas

Primary Care Update

March 1-3, 2018

Treasure Island | Las Vegas, Nevada

Tan-Tar-A

Internal Medicine Update

Aug. 3-5, 2018

Tan-Tar-A | Osage Beach, Missouri

Founder's Day

Manipulation Update

Oct. 25-27, 2018

Missouri campus | Kirksville, Missouri

Big Cedar

Pre-conference | Nov. 29, 2018

Primary Care Update

Nov. 29-Dec. 1, 2018

Big Cedar Lodge | Ridgedale, Missouri

2019

ATSU CME/CE Cruise

Primary Care Update

Jan. 19-27, 2019

Royal Caribbean – Adventure of the Seas®
Fort Lauderdale, Florida (cruise departure)
Eastern Caribbean

Las Vegas

Primary Care Update

Feb. 28-Mar. 2, 2019

Caesars Palace | Las Vegas, Nevada

Founder's Day

Manipulation Update

October 2019 – dates TBD

Missouri campus | Kirksville, Missouri

Big Cedar

Pre-conference | Dec. 5, 2019

Primary Care Update

Dec. 5-7, 2019

Big Cedar Lodge | Ridgedale, Missouri

Dental 2018

Current Infection Prevention

**Protocols and Recommendations –
Are You in Compliance?**

Jan. 20, 2018

5850 E. Still Circle

Arizona campus | Mesa, Arizona

Give Kids A Smile Alumni Weekend

– Clinical Updates 2018

Feb. 17, 2018

5850 E. Still Circle

Arizona campus | Mesa, Arizona

Dental Ethics

All day, every day | Web-based

Clinical Dentistry and Ethics

All day, every day | Web-based

Accreditation statement:

ATSU is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

For additional program information or to register, visit ce.atsu.edu.

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Physical Therapy 2018

Graston Technique

Instrument-assisted soft tissue mobilization

Jan. 27-28, 2018

July 14-15, 2018

Oct. 27-28, 2018

Arizona campus | Mesa, Arizona

Special Topics in Shoulder Rehabilitation

Feb. 10, 2018

Arizona campus | Mesa, Arizona

Treating Pain: Simplifying the Science of Pain for Better Clinical Results

March 3, 2018

Arizona campus | Mesa, Arizona

PWR!® Therapist

April 14-15, 2018

Arizona campus | Mesa, Arizona

Musculoskeletal Imaging: Applications to Clinical Practice

April 21, 2018

Arizona campus | Mesa, Arizona

Mechanisms of Knee Injury: Implications for Evidence Based Rehabilitation, Injury Prevention & Return to Sports Decisions

May 12, 2018

Arizona campus | Mesa, Arizona

Vestibular Rehabilitation Update – Examination and Intervention

May 19, 2018

Arizona campus | Mesa, Arizona

Examination and Intervention Strategies for Common Orthopedic Conditions around the Elbow, Hand, and Wrist

Aug. 25, 2018

Arizona campus | Mesa, Arizona

Audiology 2018

Mayo Clinic Audiology Conference

Live webcast

Feb. 3, 2018

Arizona campus | Mesa, Arizona

Vestibular Rehabilitation & Concussion Certification Workshop

Feb. 8-11, 2018

Arizona campus | Mesa, Arizona

Target audience: audiologists, physical therapists, and occupational therapists



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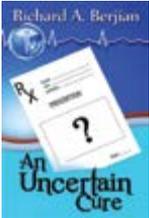
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ATSU

A. T. STILL
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First in
whole person
healthcare

'50s



Richard A. Berjian, DO, '55, published his second novel, "An Uncertain Cure." The story follows a young surgeon who is lured to Greeley University Medical Center with the promise of funding to continue his cancer research. Little could he imagine that within one year he would face the charge of first-degree murder. Can he regain his standing and innocence?

Although the book is a sequel to his first, "Behind Hospital Doors," it may be read as a stand-alone novel.

In addition to writing, Dr. Berjian also enjoys music. He plays first violin for Treasure Coast Symphony.

'70s

Robert K. Beamer, DO, '73, Seminole, Florida, retired in November 2012. He enjoys kayaking, bicycling, and golfing. He also enjoys helping his wife care for their six grandchildren.

'80s



Jeffrey Rosenbaum, DO, MHA, CPE, '83, accepted the position of chief medical officer for UnitedHealthcare Community Plan of Michigan. He has spent 32 years in family practice, including administrative roles with the Botsford/Beaumont Health System in Farmington Hills, Michigan.



Jeremy L. Krock, DO, FAOCA, '84, received the Crawford Myles Esterline Award at the 64th Annual Convention and Conclave of the American Osteopathic College of Anesthesiologists (AOCA).

The award was established in 1979 by the AOCA to honor Crawford Myles Esterline, DO, FAOCA, '33. Dr. Esterline was the first professor of anesthesiology at the Kirksville College of Osteopathy and Surgery and Kirksville Osteopathic Hospital. He was a founding member of the AOCA in 1952, and he served as AOCA secretary throughout his entire career and as president in 1962-63. He was married to Elizabeth Still Esterline, DO, '33. Dr. Crawford Esterline died in Kirksville in 1983.

Dr. Krock is the immediate past president of the AOCA and serves on its Board of Governors. He previously served as a member and chair of the American Osteopathic Board of Anesthesiology. He is the director of pediatric anesthesiology at Children's Hospital of Illinois and is an associate clinical professor of surgery at the University of Illinois College of Medicine at Peoria.

John Sutton, DO, '89, completed his term as president of the American College of Osteopathic Internists in October.

'90s

Douglas Pugmire, DO, '90, joined Women's Excellence at the Cancer Center for Women in Rochester, Michigan. He specializes in gynecologic oncology and robotic surgery.



J.D. Polk, DO, MS, MMM, CPE, FACOEP, '93, chief health and medical officer with the National Aeronautics and Space Administration, delivered the keynote address at the 32nd annual Arkansas Osteopathic Convention in Fort Smith on June 17.

Michael J. Sassman, DO, '94, Duluth, Minnesota, was accepted to the International Association of HealthCare Professionals with his upcoming publication in "The Leading Physicians of the World." Dr. Sassman is a vascular/interventional radiologist and is currently serving patients at Essentia Health-Duluth Clinic.

Karen B. Looman, DO, '98, Cincinnati, Ohio, was appointed chief deputy coroner/medical examiner of the Hamilton County Coroner's Office.

'00s

Laurence Turner, DO, '01, was named facility medical director of Dignity Health Arizona General Hospital Emergency Room – Glendale Camelback.

Jim Ali, MS, PA-C, '03, received the 2017 Humanitarian of the Year award from the ATSU-ASHS Alumni Chapter Board on May 16. He was nominated for his service to the underserved, specifically as founder and CEO of Your Neighborhood Healthcare Center and Your Neighborhood Center for Pain Control in Phoenix, Arizona. He established primary care and pain management practices using the business model he developed for his master's thesis.

Macksood Aftab, DO, MPH, '04, completed his radiology residency at Tufts Medical Center and fellowship in neuroradiology at Harvard Medical School. He now practices with Advanced Diagnostic Imaging in Michigan where he is a board member and section chief of neuroradiology at Genesys Regional Medical Center.



Amit Gosalia, AuD, '06, received the 2017 Distinguished Service Award from the ATSU-ASHS Alumni Chapter Board on April 5. His contributions to the audiology field include nearly 15 years of service as a preceptor and mentor to doctoral students in Arizona and Washington, extensive public education and outreach efforts related to hearing loss, and numerous local and national publications and leadership roles.



Stacy Thomas, DO, '06, Bloomingdale, Illinois, joined DuPage Medical Group. She is board certified in obstetrics and gynecology.

Trisha Perry, PT, DPT, '07, and wife, Rosa O. Perry, established Perry's Passion for Service Scholarship at ATSU-ASHS. This scholarship is one of two offered by the School's Physical Therapy program.

Mathew J. Bateman, PhD, DHEd, '09, was named dean of Lake Erie College of Osteopathic Medicine's (LECOM) School of Dental Medicine on May 1. Dr. Bateman joined LECOM in 2006 as a basic sciences faculty member, teaching in all disciplines of anatomy.



Sarah Vander Beek, DMD, '09, received the 2017 Distinguished Service Award from the ATSU-ASDOH Alumni Chapter Board in February. Dr. Vander Beek was nominated for her work as chief dental officer at Neighborcare Health in Seattle, Washington. She has expanded the dental department, added new sites, and recruited committed providers. She also mentors dental students, supports community outreach events, and presents at national conferences.

'10s

David Herndon, DO, '10, received the National Committee for Quality Assurance Patient-Centered Medical Home Recognition for using evidence-based, patient-centered processes that focus on highly coordinated care and long-term, participative relationships. Dr. Herndon achieved recognition as a Level 3 Patient-Centered Medical Home for his work at Access Health Care Physicians.

Paulchris Okpala, DHSc, '10, presented "Critical Evaluation of the Influence of Leader Personality and Culture on Staff Nurse Retention" at the March forum for Advances in Healthcare Management Research, conducted in conjunction with American College of Healthcare Executive. He presented "Management of Workload in Blended and Online Teaching: Strategies to Avoid Online Work Overflow" at Online Learning Consortium Innovate 2017 in New Orleans, Louisiana, in April. Additionally, he presented in February and June at the Lilly Conference on Evidence-Based Teaching and Learning.

"Dr. Perry is an energetic dynamo who has demonstrated commitment to both ATSU and the profession of physical therapy."

'07

– ATSU-ASHS Vice Dean Dr. Ann Lee Burch on establishment of physical therapy scholarship

“My background as a registered nurse, certified nurse-midwife, and CEO of a community health center enables me to bring a unique perspective to health policy discussions.”

'14

– Dr. Martha Carter on her appointment to the Medicaid and CHIP Payment and Access Commission



Mark L. Brown, DO, '11, Joplin, Missouri, was honored with the Emergency Medicine Residency Teaching Physician of the Year Award at the Freeman Health System medical resident graduation in June. Dr. Brown is pictured with his wife, Melinda Brown, MHA, '09.

Helena Meyer, DO, '11, Dartmouth, Massachusetts, joined Hawthorn Medical Associates as a fellowship-trained foot and ankle orthopedic surgeon.

Todd Brubaker, DO, FAAP, '12, joined Regional West Physicians Clinic-Pediatrics in Scottsbluff, Nebraska.

Philip Wanzek, DO, '12, joined Essentia Health in Fargo, North Dakota, as a urologist. He has been an active member of the Army National Guard for 23 years.



Keith B. Young, DHSc, '12, was promoted to clinical associate professor of physician assistant studies at Clarkson University School of Arts & Sciences. Dr. Young also serves as chair and program director for the Department of Physician Assistant Studies.

Abigail Brubaker, DO, '13, joined Regional West Physicians Clinic-Women's Center in Scottsbluff, Nebraska.

Jason Lehr, DO, '13, joined Sanford Health in Fargo, North Dakota. He specializes in anesthesiology.

Brennen Owan, DO, '13, Waianae, Hawaii, joined Kaiser Permanente Nanaieola Clinic as a family medicine physician. After graduating from ATSU-SOMA, he completed his residency at Utah Valley Family Medicine Residency Program in Provo and became board certified in family medicine.



Brent Smith, DHSc, ATC, '13, co-authored “Effects of Hip Strengthening on Neuromuscular Control, Hip Strength, and Self-Reported Functional Deficits in Individuals With Chronic Ankle Instability,” which was accepted for the *Journal of Sport Rehabilitation* in May.

Martha Carter, DHSc, MBA, APRN, CNM, '14, was appointed to the Medicaid and Children's Health Insurance Program (CHIP) Payment and Access Commission in May. Dr. Carter is chief executive officer of FamilyCare Health Centers in Scott Depot, West Virginia, where she provides the organization with leadership and strategic vision, manages its programs and operations, and represents the organization in the community.



Geoffrey W. Hoffa, DHSc, '14, MS, PA-C, '00, DFAAPA, was named Physician Assistant of the Year by the Arizona State Association of Physician Assistants (ASAPA) for 2016. Dr. Hoffa serves on the ATSU-ASHS Alumni Chapter Board of Directors and is an adjunct faculty member in the Physician Assistant Studies program.



Clint Sowards, DO, '14, joined San Luis Valley Health's family practice team at Antonito Clinic in Colorado.

Meredith E. Bell, MS, PA-C, '15, Gilbert, Arizona, joined Cardiovascular Associates of Mesa (CVAM) in April 2017 as a cardiac electrophysiology physician assistant.

Karl Burris, PT, DPT, '15, graduated from ATSU's Orthopedic Residency program in 2016 and became a board-certified orthopedic clinical specialist in 2017. He currently works at Spectrum Spine & Sport Physical Therapy in Gilbert, Arizona.

Maj. Daniel J. Hanks, MS, PA-C, '15, Fort Campbell, Kentucky, is the deputy division surgeon for clinical operations (Division PA) at the 101st Airborne Division (Air Assault). One of his duties is to mentor and professionally develop the division's cohort of 34 brigade and battalion physician assistants.

Following graduation from ATSU's Advanced Physician Assistant Studies program in 2015, Maj. Hanks attended the U.S. Army Command and General Staff College (CGSC) at Fort Leavenworth, Kansas, a graduate school for Army and Sister Service officers, interagency representatives, and international military officers. CGSC educates and develops leaders for full-spectrum joint, interagency, and multinational operations. He was selected as one of four physician

assistants Army-wide to attend the course, amongst a student body of nearly 1,200 officers.

Shelly Hansel, MS, PA-C, '16, joined Watson Clinic in Lakeland, Florida.



Jessica Lapinski, DO, '16; **Hannah Herman, DO, '16;** and **Jasser Khairallah, OMS IV,** were three of 30 scholarship winners nationwide selected to participate in the Family Medicine Leads Emerging Leader Institute. Each received a \$1,000 scholarship, funded by family physician donors, toward travel expenses to attend both the American Academy of Family Physicians (AAFP) National Conference of Family Medicine Residents and Medical Students and the AAFP Foundation Family Medicine

Leads Emerging Leadership Institute. Over the course of one year, the scholars worked with a mentor to complete a project related to one of three tracks: Policy & Public Health Leadership, Personal & Practice Leadership, and Philanthropic & Mission-Driven Leadership. Dr. Herman, Dr. Lapinski, and Khairallah were chosen to work on projects within the Philanthropic & Mission-Driven Leadership track.

Submit class notes to
stillmagazine@atsu.edu.

“Dr. Hoffa is a tireless leader, an advocate for the profession both here and in Washington, and an example of what all of us should aspire to accomplish.”

– **ASAPA President John Shaff on Dr. Geoffrey Hoffa's award**

'14

Amanda Anders joined the President's Office as the new executive assistant. She previously worked as a clinical education coordinator in the ATSU-KCOM AHEC Program Office.

ATSU



Archer

Lisa Archer, RN, BSN, director, simulation & performance assessment, received the Missouri campus fitness award for the third quarter of 2017.

Shalini Bhatia, MS, biostatistician, research support, received the Missouri campus Employee Excellence Award for the first quarter of 2017.

Michela Bull, MLSt, project manager, sponsored programs, received the Arizona campus fitness award for the first quarter of 2017.



Burgara

Anabel Burgara, employment coordinator, human resources, received the Arizona campus Employee Excellence Award for the first quarter of 2017.

David Lopez, specialist, academic technologies, received the Arizona campus Employee Excellence Award for the second quarter of 2017.

Michelle Mayo, PhD, trustee, was appointed associate provost for Academic Programs and Undergraduate Research at North Carolina Central University in June.

Bobby Rogers, HVAC lead mechanic, maintenance, received the Missouri campus Employee Excellence Award for the second quarter of 2017.



Shaffer

Dawn Shaffer, manager, vice president & general counsel, passed the Certified Compliance & Ethics Professional® (CCEP) exam. CCEPs have knowledge of relevant regulations and expertise in compliance processes sufficient to assist organizations with their legal obligations, and they promote organizational integrity through the operation of an effective compliance program.

Amanda Barstow was promoted to associate director, clinic operations. She previously served as the Advanced Care Clinic (ACC) manager. She will be responsible for operations of both the orthodontic and ACC clinics.

ASDOH



Dr. Blue Spruce

George Blue Spruce, DDS, MPH, assistant dean, American Indian affairs, received a proclamation that declared June 22 as "Dr. George Blue Spruce Day" in Cincinnati, Ohio.

Sandra DeVita, RDH, RN, joined the School as an instructor in June.



Dr. Park

Jae Park, DMD, PhD, MSD, MS, professor and chair, postgraduate orthodontics, was named one of eight directors of the American Board of Orthodontics (ABO) by the American Association of Orthodontists House of Delegates. Dr. Park's term as a director of ABO lasts eight years, culminating in his role as president of the board beginning May 2024. In addition, Dr. Park was appointed to serve on the NBDE Part II Orthodontic/Pediatric Dentistry/ADAT test construction committee in September.

Charles Matlach, DDS, was promoted to director, clinical education, for the Advanced Education in General Dentistry program. Dr. Matlach previously served as an associate director in the program.

Lindsay Springer, DMD, '12, MPH, '11, joined the School's CCU teaching faculty in October. As an ATSU-ASDOH alumna, she completed an Advanced Education in General Dentistry residency during her five-year tenure in the U.S. Navy Dental Corps.

Dale Steiner, DMD, joined the teaching faculty in June. Dr. Steiner has nearly 30 years of clinical experience in addition to teaching both predoctoral students and postgraduate residents at St. Vincent De Paul. He graduated from Arizona State University and earned his doctoral degree from the Southern Illinois University School of Dental Medicine.

Kirsten Voak became the Integrate Community Service Partnership project coordinator in July.

faculty & staff news

ASHS

Michelle DiBaise, DHSc, MPAS, PA-C, DFAAPA, '14, professor, physician assistant studies, received the ATSU-ASHS Scholar of the Year award in May for excellence in the scholarship of discovery, integration, application, and teaching. This award is sponsored by John Heard, PhD, vice president of research, grants, & information systems.



Sue Falsone, PT, MS, ATC, associate professor, athletic training, served as the keynote speaker for the 2017 World Congress of the World Federation of Athletic Training and Therapy, held in Madrid at the Universidad Camilo José Cela on Sept. 29.

Jennifer Harris, MEd, associate director, transitional doctor of physical therapy, received the 2016 ATSU-ASHS staff assembly exemplary staff award in June.

Joy Levine, PT, DPT, PhD, assistant professor, transitional doctor of physical therapy, received the ATSU-ASHS Educator of the Year award in May for excellence in teaching, inspiring students to think critically, and promoting intellectual curiosity.

Chelsea Lohman Bonfiglio, PhD, ATC, CSCS, director, interdisciplinary health sciences, received the ATSU-ASHS Educator of the Year award in May for excellence in teaching, inspiring students to think critically, and promoting intellectual curiosity.



James Lynskey, PT, PhD, director, physical therapy, received the ATSU-ASHS Distinguished Service of the Year award in May for excellence in service to the University, the community, and the profession. In August, Dr. Lynskey completed his American Physical Therapy Association Education Leadership Institute fellowship, which is accredited through the American Board of Physical Therapy Residency and Fellowship Education.

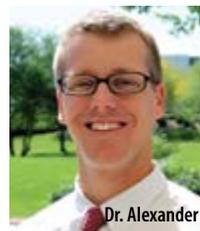
Cassie Reynolds joined the Physical Therapy department as the new administrative assistant.

James Roush, PT, PhD, ATC, ATL, professor, physical therapy, received the Outstanding Service Award from the Federation of State Boards of Physical Therapy in August.

Amanda Vigil, MBA, manager, interdisciplinary health sciences, received the 2016 ATSU-ASHS staff assembly exemplary staff award in June.

Katherine Adler, DHA, FACHE, associate dean, academics and assessment, was appointed by the Higher Learning Commission to be a member of the Peer Corps as a reviewer. She was selected for the Open and Standard Pathways reviews.

In addition, Dr. Adler was appointed to the Pantry for Adair County Steering Committee. In September, she received the Senior Level Healthcare Executive Regent's Award by the American College of Healthcare Executives.



Jeffrey Alexander, PhD, associate professor, health sciences, was named associate director for research and will oversee all Center for Resilience in Aging research activities. He received the Professor of the Year award at the College's awards banquet in May.

Don Altman, DDS, DHSc, EdD, MPH, MBA, MA, '12, dean, delivered the commencement speech for Fortis College's Dental Hygiene graduation July 14 at the Tempe Center for the Arts.

Kathleen DiCaprio, PhD, chair, health sciences, was accepted as a Higher Learning Commission peer reviewer.

Lihua Dishman, DBA, assistant professor, health administration, was appointed to the *Journal of Health Administration Education Review Panel* of the Association of University Programs in Health Administration in May. She will serve a three-year appointment.

CGHS



Christopher Ferguson, data manager/career services coordinator, received the Outstanding Employee of the Year award at the College's awards banquet in May.

John Fick, EdD, FACHE, associate professor, health administration, was appointed to the Annual Meeting Planning Committee of the Association of University Programs in Health Administration in May.



Jodi Gamm, MBA, joined the College's academic advising team. She is working with students in the Kinesiology program.

Jaana Gold, DDS, PhD, MPH, CPH, associate professor, public health, was appointed chair of the American Association of Public Health Dentistry Educational Council.

Lynda Konecny, DHed, MS, CHES, '08, associate professor, health education, passed the Master Certified Health Education Specialist examination in May. In addition, she was elected as a governing councilor representing the American Public Health Association's Public Health Education and Health Promotion Section, which is a two-year term beginning November 2017.

Michelle Lawrence joined the College as an enrollment representative.

Joan Leafman, PhD, associate professor, health sciences, received the Glendale School District "40 Hometown Hero" award for her work with Corbin's Legacy.

Eric Matthews, PhD, associate professor, health sciences, completed the Program Reviewer certification course from Quality Matters in May, and he became a certified program reviewer and chair of the program review team.

Angela McKim is the College's new student accounts coordinator.

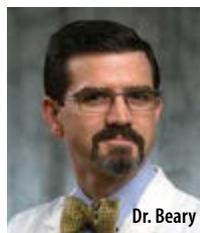
Nick Merz joined the College as an enrollment representative.

Larry Olsen, DrPH, professor, health education, held a roundtable presentation titled "Promoting Global Urban Health Through Qualitative Research" on March 30 at the Society for Public Health Education annual meeting in Denver, Colorado.

S.D. Shanti, DDS, PhD, MPH, associate professor, public health, led a roundtable discussion titled "Self Care for Public Health Professionals" at the National Oral Health Conference in Albuquerque, New Mexico. In addition, Dr. Shanti lectured at Thammasat University in Thailand on June 28 regarding "Your Health Psychology Tool-Kit: Using Behavioral Science Research to Prevent and Manage Non-communicable Diseases."

Mary-Katherine Smith McNatt, DrPH, chair, public health, received the Michael Samuels Award at the College's awards banquet in May. In addition, Dr. Smith McNatt was asked to join the Global Consortium on Climate and Health Education led by Columbia University's Mailman School of Public Health.

Jaime Sparling became the College's admissions manager effective June 1. She previously served as an enrollment representative.



Jonathan Beary, DO, '09, was appointed chair of the College's Neurobehavioral Sciences department July 1.

Amanda Bowles is the new administrative assistant in the Biochemistry department.

Kathy Schroeder, coordinator, curriculum, received the Missouri campus fitness award for the first quarter of 2017.

Karen T. Snider, DO, C-NMM/OMM, assistant dean, curriculum, was elected to the Board of Governors of the American

KCOM

"Students are often intimidated by neuroscience because it can be complex. I hope to change that."

– Dr. Jonathan Beary on becoming neurobehavioral sciences chair

Academy of Osteopathy (AAO) in March at the AAO's Convocation in Colorado Springs, Colorado. Dr. Snider was one of three osteopathic physicians from around the country to be newly elected as a governor, and she will serve a three-year term.

Brandi Snow, project coordinator, academic and clinical education affairs, received the Missouri campus fitness award for the second quarter of 2017.

Melissa Stuart, PhD, is serving as interim chair for the Department of Microbiology/Immunology.

Grishondra Branch-Mays, DDS, MS, joined the School as vice dean for academic affairs on Nov. 1. Dr. Branch-Mays most recently served as associate professor and director of interprofessional education at the University of Minnesota School of Dentistry.

Joan Davis, PhD, joined the School on Nov. 1 as director of research, special projects, & initiatives at the St. Louis Dental Education and Oral Health Center. She most recently served as a professor at Southern Illinois University and an adjunct clinical assistant professor at the University of Illinois College of Dentistry.

Dale DeWan, DMD, MS, director, integrated human sciences, retired from the School in June.

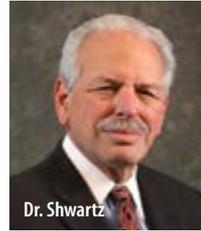
Jeffrey Morgan, DO, dean, attended Spotlight Health 2017, the opening conference for the annual Aspen Ideas Festival in Colorado in June.

Faith Polkey, MD, MPH, regional director of medical education at Beaufort County Jasper Hampton Comprehensive Health Services in South Carolina, was named the Juan Carlos

MOSDOH

SOMA

Olivares Hometown Scholar Advocate of the Year in April. Dr. Polkey was recognized as an extraordinary mentor and role model to ATSU-SOMA students, as well as a tireless advocate for the profession.



Frederic Schawartz, DO, FACOFP, senior adviser to the dean, received the Pioneer of Osteopathic Medicine Award from the University of New England College of Osteopathic Medicine at its hooding ceremony May 20. The award was created to honor individuals who exemplify the tireless dedication and bold pioneering spirit of the osteopathic profession's founder. This award is the highest honor given by the college.

Submit faculty & staff news to stillmagazine@atsu.edu.



ATSU is a 2017 HEED Award recipient!

ATSU received the 2017 Health Professions Higher Education Excellence in Diversity (HEED) Award from *INSIGHT Into Diversity* magazine. The University was selected for the award based on its outstanding commitment to diversity and inclusion.

“By embracing diversity and inclusiveness, all benefit from additional

perspectives and experiences,” said President Craig Phelps, DO, ’84. “ATSU’s dedicated faculty, staff, Board of Trustees, and students are deeply committed to cultural proficiency and inclusion.”

The award measures an institution’s level of achievement and intensity of commitment in regard to broadening diversity and inclusion on campus through initiatives, programs, and outreach; student recruitment, retention, and completion; and hiring practices for faculty and staff. Only 24 health professions schools received a HEED Award this year.

Associate Vice President for Diversity & Inclusion Clinton Normore, MBA, said, “This award acknowledges the tireless work our University has undertaken answering our president’s charge to be culturally proficient.”



For years, Stanley Grogg, DO, '71, has provided extraordinary service to his patients, always with a smile. Smiling while caring for others is a habit he developed early in his career.

Dr. Grogg, member and secretary of the ATSU Board of Trustees, is a graduate of ATSU-KCOM. During his third-year clinical rotations, he worked at a nursing home in Kirksville, Missouri, where a formative experience led him to specialize in infant and adolescent healthcare. One day, as he was performing a physical on an older man, Dr. Grogg noticed a wet spot on his own leg; the man had purposefully urinated on him.

"At that point, I decided on pediatrics," Dr. Grogg says. "If I was to be urinated on, I did not want it to be intentionally."

The doctor has a sense of humor. It's emblematic of the joy he finds in serving others.

Dr. Grogg currently lives in Tulsa, Oklahoma, with his wife, a family medicine nurse practitioner. He is a professor emeritus at Oklahoma State University and works as a consultant for a telemedicine company called MDLive.

If his bevy of accomplishments is any indication, Dr. Grogg is a busy man. Besides being board certified in pediatrics, he

is a fellow of the American College of Osteopathic Pediatricians and the American Academy of Pediatrics. In the past, he has served as president of the ATSU Alumni Association and the Kirksville Osteopathic Alumni Association. Dr. Grogg has garnered numerous accolades, including awards for distinguished service from ATSU in 2011 and the American Osteopathic Board of Pediatrics in 2015.

Dr. Grogg enjoys traveling, which is good, because he does it quite often. His Christian faith has led him to pursue medical missions in underserved communities around the world. He says he has seen 170 countries and provinces across every continent. He admires the biblical apostle Luke, a physician who traveled internationally as a missionary, and tags his emails with Jude 1:2, "May mercy, peace, and love be yours in abundance."

The verse is a fitting coda for a man who administers care with such a joyful attitude. It's also a message in keeping with ATSU's continued mission of serving the underserved. Dr. Grogg's service, whether at home or abroad, is a reminder of the osteopathic physician's commitment to patient-centered care.

Service with a smile

By Zachary Reger



Dr. Jenny Alexopoulos, '91, Dr. Grogg, Barbara Grogg, and Dr. Phelps celebrate Founder's Day on the Missouri campus in October 2016.

In memoriam

1940s

Thomas J. Miller, DO, '41
Feb. 23, 2017
Castine, Maine

Richard Brown Irvin, DO, '42
2017 (date unknown)
Fonthill, Ontario, Canada

Thomas E. Jarrett, DO, '44
Dec. 16, 2016
Dayton, Ohio

1950s

Orren J. Lawrance, DO, '50
April 9, 2017
Hendersonville, North Carolina

Billie Bob "B.B." Slaughter, DO, '51
Sept. 23, 2017
Sun City Center, Florida

Lloyd L. Mrstik, DO, '52
April 23, 2017
Boyne City, Michigan

Samuel J. Manin, DO, '53
June 17, 2017
Arden, North Carolina

Albert S. Evans, DO, '55
June 6, 2017
Middlefield, Ohio

Henry F. Tyson Jr., DO, '55
April 14, 2017
Coldwater, Michigan

Douglas M. Goldsmith, DO, '56
June 4, 2017
Boynton Beach, Florida

Jodie A. Schlepfforst, DO, '58
Oct. 24, 2017
Kirksville, Missouri

Robert B. Vance, DO, '58
Jan. 12, 2017
Las Vegas, Nevada

David A. Koch, DO, '59
Feb. 1, 2017
Sun Lakes, Arizona

1960s

Robert B. Willcutt, DO, '61
May 17, 2017
Mesa, Arizona

Dale R. Feister, DO, '62
May 17, 2016
Rawson, Ohio

Lawrence A. Hennessey, DO, '63
July 10, 2017
Madison, Ohio

Charles A. Slagle, DO, '63
June 3, 2017
Charlevoix, Michigan

Gwendolyn G. Roberts, DO, '64
April 8, 2017
Bosque Farms, New Mexico

Robert G. Maxfield, DO, '66
Feb. 8, 2017
Tucson, Arizona

Roy L. Vomastek, DO, '67
Sept. 4, 2017
Marion, Michigan

David R. Gayle, DO, '69
June 14, 2017
Piedmont, Missouri

1970s

Lewis H. Westmoreland III, DO, '72
June 19, 2017
Milton, Florida

William E. Hough, DO, '73
Aug. 13, 2017
Erie, Pennsylvania

Guy K. Skelly, DO, '75
July 4, 2017
West Newton, Pennsylvania

Robert V. Jarrett, DO, '78
July 3, 2017
Amory, Mississippi

1980s

Leonard C. "Chris" Franklin, DO, '81
Aug. 22, 2017
Camdenton, Missouri

Terence S. Wilson, DO, '81
March 24, 2017
Tarpon Springs, Florida

1990s

Richard L. Griffin, DO, '95
June 25, 2017
Fenton, Michigan

2000s

Ann B. Newman, AuD, '02
Sept. 30, 2017
Lake Worth, Florida

Todd C. Ruiter, DO, '02
April 10, 2017
Plantation, Florida

Richard P. "Patrick" Greenwood, AuD, '08
Nov. 8, 2016
Abbotsford, British Columbia, Canada

Wendy Davis Dar, AuD, '09
July 19, 2017
Minnetonka, Minnesota

Joseph J. Holmes Jr., AuD, '09
Nov. 24, 2016
Signal Mountain, Tennessee

2010s

Arnold D. Kolman, DHSc, '11, MS, PA-C, '08
Dec. 5, 2014
Shenandoah, Texas

Lucille C. O'Brien, DHSc, '12
Sept. 13, 2017
Leander, Texas

Marodin Aghassi, D3
May 8, 2017
Turlock, California

Friends

Laverne Korecky Hoehn
Sept. 30, 2017
Chesterfield, Missouri

Larry Hunter
April 17, 2017
Kirksville, Missouri

Candy Phillips
May 18, 2017
LaPlata, Missouri

Neil Sargentini, PhD
Sept. 28, 2017
Kirksville, Missouri

Read full-length obituaries
online at stillmagazine.atsu.edu.



parting shot

Wearing ISO-approved solar glasses, ATSU students and Dan Martin, MA, (back, right) search the cloudy sky for a view of the eclipse.

Solar-brate good times

On Monday, Aug. 21, “The Great American Eclipse” crossed the contiguous United States from the Pacific to Atlantic coasts. The path of totality spanned 70 miles wide and stretched from Oregon to South Carolina. Seated slightly north of the eclipse’s path, the Kirksville, Missouri, campus witnessed 98.5 percent obscuration of the sun.

ATSU held a “solar-bration” on the campus lawn from 11:44 a.m. to 2:37 p.m. Although clouds and rain dampened visibility of the eclipse, students welcomed the break for food, games, and music. This was the first total solar eclipse to be seen from Missouri since 1869 – 23 years before ATSU’s founding.

American School of Osteopathy

Know all men by these presents, that
William Smith, M. D.
having attended a full course of Lectures on, and
Demonstrations of Osteopathy, and having, after the
examination, been found fully qualified to practise the
Art in all its branches, is hereby conferred by me
with the title
Diplomate in Osteopathy.

Given at Kirksville, Missouri
this, the 15th day of February 1893

A. J. Still
President

Museum of Osteopathic Medicine, Kirksville, Missouri [1981.551.01.01]

In 1892, a Scottish physician named William Smith, MD, joined forces with A.T. Still, DO, to launch the American School of Osteopathy. Dr. Smith taught anatomy and physiology in exchange for learning osteopathy, and on Feb. 15, 1893, he became the first person to receive a doctor of osteopathy degree.

To learn more about ATSU's history, visit atsu.edu/museum.

